

Appendix I

Focus Group Questions

1. What does being healthy or health mean to you?
2. Who is responsible for the health of a community?
3. What do you usually do when you get sick? Where do you go to get help? Who do you usually see? How do you pay for it?
4. What keeps you from seeking healthcare services when you need them? How could you prevent that from happening?
5. Tell me about your experience with getting an annual physical.
6. What kind of health services are still needed that we do not currently have in Cobb County?
7. How does weight affect a person's health?
8. When you hear the word "overweight", what does that mean to you? What about the word "obesity"?
9. How do you decide what to eat?
10. What helps you to "eat healthy"? What makes it difficult to do so?
11. What are some things that help you be active?
12. What keeps you from being active?
13. Tell me about how money influences what you choose to eat? How does it influence how active you are?
14. What do you think about insurance companies charging higher premiums to people who smoke or are overweight or obese?
15. What could we do in Cobb County to increase people's health and healthy behaviors, like eating healthy, not smoking and being more active?
16. What other health issues in your community are a concern to you?
17. What are some health related policies that if passed could make it easier for people to eat healthier and exercise more?