

News and information for the Georgia Health Sciences University community

Volume 21 · No. 8 Wednesday, April 20, 2011





Dr. Steven Greer (left) and Dr. Monte Hunter will lead a team of nationally certified athletic trainers in providing care for the Augusta GreenJackets.

Ripken Baseball partners with MCGHealth

By Denise Parrish

Ripken Baseball has selected MCGHealth Sports Medicine Center to be the official health care provider of the Augusta GreenJackets South Atlantic League Baseball Team for the 2011 season.

"A nationally recognized academic health center partner is such an important part of any sports operation, and we are thrilled that the GreenJackets players will be in such good hands," said Hall of Famer Cal Ripken, Chairman and CEO of Ripken Baseball, Inc. "We always want to create multi-faceted, multi-year, mutually beneficial relationships, and we are confident that this will be the case with MCGHealth."

Established in 1992, MCGHealth Sports Medicine Center is dedicated specifically to sports medicine and rehabilitation. The center has a long history of working with local high school and college athletic programs. Drs. Monte Hunter and Steven Greer will lead a team of nationally certified athletic trainers

in providing care for the Augusta GreenJackets.

Hunter is a board-certified orthopedic surgeon who is fellowship trained in sports medicine. He has more than 20 years of experience, including serving as a team physician at Wake Forest University and for the UCLA Bruins football team.

Greer is board-certified in both family practice and sports medicine and is also fellowship trained in primary care sports medicine. He has 10 years of experience, including serving as team physician for Elon University, in Elon, N.C., and for the Georgia Raging Bulls.

As the official health care provider, MCGHealth Sports Medicine will sponsor several health-related events during the 2011 season, including Pink In the Park on Saturday, May 7, a game night dedicated to breast cancer awareness at Lake Olmstead

GHSU President Ricardo Azziz will throw out the first pitch of the game May 7 against the West Virginia Power. Game time is 7:05 p.m.

Sullivan to speak at GHSU graduation

By Jennifer Hilliard Scott

Eight-hundred-and-two future health care professionals will be recognized as the newest graduates of Georgia Health Sciences University at 2 p.m. Thursday, May 5, at Augusta's James Brown Arena.

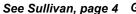
Dr. Louis Wade Sullivan, former U.S. Department Health and Human Services Secretary and a founder of the Morehouse School of Medicine, will be the guest speaker for this year's commencement.

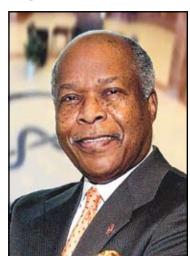
Born in Atlanta, Sullivan attended Morehouse College, where he graduated magna cum laude in 1954. He graduated from Boston University Medical School and completed an internal medicine residency at the Weill Medical College of Cornell University; a clinical fellowship in pathology at Massachusetts General Hospital; and a research fellowship in hematology at the Thorndike Memorial Laboratory

of Harvard Medical School, Boston City Hospital.

Sullivan became the founding Dean and Director of the Medical Education Program at Morehouse College in 1975, which became the School of Medicine at Morehouse College in 1978, admitting its first 24 students into a two-year program in the basic medical sciences. He was named President in 1981, when the school received provisional accreditation.

Sullivan left Morehouse in 1989 to accept an appointment by President George H.W. Bush to serve as Secretary of the Department of Health and Human Services. His accomplishments included introducing a new and improved FDA food label; preventing the introduction of "Uptown," a non-filtered, mentholated cigarette; and inaugurating a \$100 million minority male health





Former Health and Human Services Secretary Dr. Louis Wade Sullivan will speak at GHSU graduation

Catravas to step down as Vascular Biology Center Director

By Toni Baker

Dr. John Catravas, founding Director of the 16-year-old Vascular Biology Center at Georgia Health Sciences University, will step down from his administrative duties and focus on his research effective June 30.

Catravas will continue to serve as Interim Director of the GHSU Cancer Center until his successor is selected from the current pool of candidates.

Dr. David Fulton, a vascular biologist and faculty member in the Vascular Biology Center for nearly a decade, will serve as Interim Director of the VBC, announced Dr. Peter Buckley, Dean of the Medical College of Georgia at GHSU. Buckley thanked Fulton for his willingness to assume the role and said search plans will be announced later. The Dean also thanked Catravas for his friendship and leadership and for producing a collegial, cohesive group that will continue to advance the VBC.

"I am really a stranger in my own laboratory as my lab team will tell you. Every now and then they ask me for identification," Catravas joked as he announced his decision to a classroom full of VBC faculty and staff this week.

Saying it's time to get back to his research roots, including explor-

ing the cardiovascular benefits of inflammation-fighting heat shock protein 90 inhibitors, Catravas noted that the timing is great because

See Catravas, page 7

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GHSU is a tobacco-free campus

beeper

Division of Strategic Support Georgia Health Sciences University Augusta, Georgia 30912

Briefs...

News, events and more

Postage increase

The U.S. Postal Service has raised postages rates to 20 cents per additional ounce over 1 ounce. The cost for 1 ounce or under is unchanged. For more information, call Mail Services at 706-721-3996.

Burrito bucks

For each Joey Bag of Donuts burrito purchased today at area Moe's Southwest Grill locations for the discounted price of \$1.99 (usually \$6.29), Moe's will donate \$1 to the MCGHealth Children's Medical Center. For more information, contact Catherine Stewart at 706-721-4004.

Performance appraisals

Today is the deadline for conducting performance appraisals. Submit appraisals to the Division of Human Resources by campus mail to Room 1146, Annex Building, by May 15. For more information, contact Debra Arnold at 706-721-6197 or darnold@georgiahealth.edu. Appraisal forms are available at georgiahealth.edu/hr/training/appraisals.html.

Library hours

Greenblatt Library will offer extended hours during the week prior to exams and during finals week. The library will be open April 20-21 and April 25-28 from 7:30 a.m. to 2 a.m.; April 24 from 3 p.m. to 2 a.m. and May 1 from noon to 2 a.m. For more information, visit lib.georgiahealth.

Lunch and learn

The Departmental Administrative Support Staff Training Team will present lunch and learn sessions for business managers and administrative staff. All sessions will run from 11 a.m. to 1 p.m., with lunch provided. The team will cover finance April 26 in Room 1222 of the Health Sciences Building and May 10 in a location to be determined; budget and purchasing July 26 and Sept. 13 in locations to be determined and research administration Nov. 8 and Dec. 6 in locations to be determined. Call 706-721-0343 for more information.

Spring assembly

The Spring Assembly of the University Faculty Senate and GHSU Research Institute will be April 27 at 4 p.m. in Lee Auditorium. Outstanding researchers and an outstanding faculty from each of the five colleges will be honored. For more information, contact 706-721-2334.

Eyes have it

Drs. David Bogorad, Professor of Ophthalmology, and Tracie Sponseller, Assistant Professor of Ophthalmology, will host a free discussion about LASIK eye surgery April 28 at 5:30 p.m. at Eye Care One, 3152 Washington Rd. For more information, contact 706-651-1291 or jbridges@eyecareoneaugusta.com.

Raft debate

The Medical College of Georgia will host the annual Raft Debate April 29 at 6 p.m. in the GHSU Wellness Center. Dr. Janis Coffin will represent medicine; Dr. Lisa Didion will represent pediatrics; Dr. Ethan Kellum will represent surgery and Dr. Vadivel Ganapathy will play devil's advocate. News Channel 6 Anchor Brad Means will moderate. A barbecue dinner will follow. For more information, contact 706-721-7354 or mgable@georgiahealth.edu.

Climb high

Qualified nurses seeking promotion should submit a portfolio to The Clinical Ladder Program by April 30 to new_clinical_ladder_council@georgiahealth.edu. Copy your nurse manager. For more information, visit hi.georgiahealth.edu/hospital/pcs/nursing_clinical_ladder.

Annual inventory

GHSU equipment worth more than \$3,000 will be inventoried May 2-31. Inventory training sessions will be April 26 from 2-3 p.m. and April 28 from 10-11 a.m. in Room 1222, Health Sciences Building. For more information, call Asset Management at 706-721-2619.

Risk factors

MCGHealth will host "Understanding Hemorrhagic Stroke" May 3 from 10:30-11:30 a.m. in the Patient and Family Resource Library. Call 706-721-6932.

Online publishing

Training sessions for OU Campus, the new Web publishing tool, will be May 3, June 7 and July 5 at 3 p.m. in Room 163, Greenblatt Library. Register at georgiahealth.edu/training. For more information, contact Allison Brown or Channing Sherman at 706-721-9322, 706-721-5929 or webcontent@georgiahealth.edu.

Give all

MCGHealth will host an information session on organ donation May 5 from 5:30-6:30 p.m. in the Patient and Family Resource Library. Call 706-721-6932.

Promotion workshops

Full-time faculty members are invited to attend workshops on professional promotion. Clinical faculty workshops will be May 6 from noon to 1 p.m. and May 26 from 4-5 p.m. One hour of continuing education credit available per session. Contact Cora Harper at charper@georgiahealth.edu to register.

Parking registration

Online parking registration will run May 9-20. For more information, contact the GHSU Parking Office at 706-721-2953 or parkingoffice@georgiahealth.edu.

Breastfeeding class

MCGHealth will host a class on breast-feeding for expecting parents May 10 from 7-9 p.m. in the Patient and Family Resource Library. Call 706-721-6932.

Nurses' Gala

MCGHealth and the Special Projects Council will host the Nurses' Gala May 12 from 6-10 p.m. in the GHSU Alumni Center. RSVP by April 25 to aputzier@georgiahealth.edu or kwood@georgiahealth.edu.

Screenings

The Head & Neck Cancer Alliance will sponsor oral cancer screenings May 12 from 8:30-11:45 a.m. in the MCGHealth Cancer Center. To schedule an appointment, call 706-721-4400.

State of the school

Dr. Peter Buckley, Dean of the Medical College of Georgia, will deliver his annual State of the School Address May 13 at noon in Lee Auditorium. For more information, call 706-721-2231.

Asthma event

Kohl's will host the MCGHealth Children's Asthma and Wellness Event May 14 from 10 a.m. to 2 p.m. in the Kohl's parking lot in Evans. For more information, visit mcghealth.org/kids.

Chaplain chat

MCGHealth will host a Brown Bag Lunch with the hospital Chaplain May 17 from noon to 1 p.m. in the Patient and Family Resource Library. Call 706-721-6932.





www.georgiahealth.edu/beeper

Division of Strategic Support

Georgia Health Sciences University – Augusta, Georgia 30912

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DEADLINES

for May 4 issue - April 26 at noon for May 18 issue - May 10 at noon

Georgia Health Sciences University

Dr. Ricardo Azziz, President

Deb Barshafsky, Vice President for Strategic Support

Jack Evans, Director of University Communications

Damon Cline, Publications Manager

EMPLOYEE ADDRESS CHANGES & CORRECTIONS should be made to Human Resources through department managers.

The mission of Georgia Health Sciences University is to discover, disseminate, and apply knowledge to improve health and reduce the burden of illness on society. In realizing its mission, Georgia Health Sciences University is committed to serving the people of Georgia, the nation and the world by:

- Preparing the health professional workforce of the future;
- Conducting research through programs that create, disseminate and apply new knowledge relevant to human health;
- Providing exceptional, innovative, patient-centered health care services;
- Contributing to the economic development and well-being of the State of Georgia through integrated programs in education, research and clinical care.

GHSU green initiative to launch on Earth Day

By Jennifer Hilliard Scott

Think green. Live green. Work

It isn't just the theme for the first community and campus Earth Day celebration, planned for 10 a.m. to 2 p.m. April 22 at Georgia Health Sciences University. Event planners hope it will become a personal mantra for students, faculty, staff and the community that they'll apply in all aspects of their lives.

"When we're talking about 'going green,' what we're really talking about is adopting lifestyle practices and values that have minimal environmental impact and help minimize our carbon footprint," said Christine O'Meara, Program Development Coordinator for the Center for Patient- and Family-Centered Care and co-leader of the Education and Awareness Work Group for the Enterprise-wide Sustainability Green

The event will feature educational exhibits and demonstrations

on energy conservation, recycling at work and at home, greener and cleaner transportation, community gardening, beekeeping and more. Food vendors at the event have been encouraged to serve fresh fruits and vegetables with no plastic or styrofoam - opting instead for ecofriendly food service practices.

Held in the green space off Laney Walker Boulevard between Pavilion III and the Student Center, the celebration will also introduce GHSU's Green Team, which is developing a responsible sustainability program, said Philip Howard, Vice President

"We're using this as a jumping-off point," Howard said. "There are a lot of ad hoc sustainability efforts going on around campus. There are pockets of recycling and the hospital has a formal energy program that incorporates things like light sensors in offices and energy-efficient equipment. But true sustainability is bigger than utilities and recycling.

The team's goals include deter-

mining practical ways to foster sustainability and developing tools and incentives that make the sustainable choice the best choice.

But there are smaller-scale things that every person can do to have a more positive impact on the environment, O'Meara said.

"It could be as simple as incorporating recycling at all campus events or bringing a reusable water bottle to work instead of buying the plastic ones," she said. "It's an educational process. It's about teachable mo-

Many of those moments could happen at the campus Earth Day Event.

"In fact, a local food vendor wanted to participate, so he changed the food packaging he uses and will follow the guidelines," O'Meara said. "That is a great example of the university's sustainability initiative helping educate the community."

Attendees can also commit to

See Earth Day, page 5



GHSU will host its first community and campus Earth Day celebration April 22.

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4

SULLIVAN...from page 1

and injury prevention initiative. In 1993, he returned to Morehouse to resume his presidency and retired in 2002. He is now President Emeritus.

Sullivan is Chairman of the Board of the National Health Museum in Atlanta, which aims to improve the health of Americans by enhancing health literacy and advancing health behaviors. He also is Chairman of the Washington, D.C.-based Sullivan Alliance to Transform America's Health Professions. He chaired the President's Commission on Historically Black Colleges and Universities from 2002-09 and co-

chaired the President's Commission on HIV and AIDS from 2001-06.

Each of the university's five colleges also will hold individual vear-end ceremonies as follows: College of Allied Health Sciences Honors Convocation, 6 p.m., May 5, Bell Auditorium, 712 Telfair St.; College of Dental Medicine Hooding Ceremony, 10:15 a.m., May 5, First Baptist Church, 3500 Walton Way; College of Graduate Studies Hooding Ceremony, 8 a.m., May 5, Warren Baptist Church, 3203 Washington Rd.; Medical College of Georgia Hooding Ceremony, 2 p.m., May 4, Bell Auditorium; and College of Nursing Convocation, 10:30 a.m., May 5, Bell Auditorium.

It's Your Call

GHSU's 24-Hour Compliance Hotline

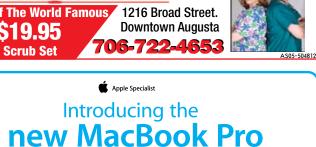
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Reaffirmation site visit successful

By Stacey Hudson

The Southern Association of Colleges and Schools site visit to GHSU March 29-31 to reaffirm accreditation yielded overwhelmingly positive feedback.

The SACS Commission on Colleges, GHSU's accrediting body, conducts an extensive review once a decade to ensure compliance with its standards.

A committee of nine health care practitioners and administrators from academic health centers throughout the Southeast completed an off-site review in November, laying the groundwork for this spring's site visit.

The site visit focused on GHSU's outstanding compliance issues and the university's Quality Enhancement Plan, "Healthy Perspectives," intended to enhance education campuswide far into the future. The plan's focus is cultural competency.

"The examiners were impressed with our demonstrated efforts to enhance student learning," said Dr. Roman Cibirka, Vice President of Instruction & Enrollment Management. "Those efforts show that our students are happy with their educational experience. Our entire enterprise is achieving successful outcomes and we demonstrated that we are on the cutting edge of cultural competency training that should springboard us to a position of national recognition."

GHSU will receive a report of the committee's findings within six weeks and must implement any mandatory changes within six months, but the administration anticipates high marks.

"We are still awaiting the official report, but the preliminary report was very positive," said Dr. W. Kent Guion, Associate Provost for Multicultural Affairs. "We received

some really positive feedback about the novel aspects of our Quality Enhancement Plan. There are no mandatory changes required but a set of well-informed suggestions that we will take to heart."

GHSU leaders attributed the successful visit to months of exhaustive efforts by more than 100 students, staff, faculty and administrators who served on Compliance Certification Committees "and countless others who provided information and other support," Cibirka said.

Interim Provost Gretchen Caughman concurred. "I am so pleased and proud of our folks on the ground at GHSU. Dr. Cibirka led the reaffirmation effort, Drs. Shellev Mishoe and Kent Guion headed up the QEP initiative and Mickey Williford did a yeoman's job in coordinating the reports and the logistics."

Williford coordinated housing, transportation, meals and campus access for the site reviewers, and stressed that the process is almost as intense for the reviewers as it is for the campus.

"We strived to make sure their visit was as productive and comfortable as possible," she said. "It took many parties not only in Augusta, but also in Athens and Albany, to accomplish this goal. And we really came together to provide the reviewers a good experience in completing their task."

Thank you, sponsors

GHSU was able to defray some of the cost of the site visit through the generous donations of community supporters. Jim Hudson Lexus provided transportation; Layman Wholesale Nursery donated flowers for meetings and hotel rooms; and McWaters donated meeting chairs.

Send your recipes to beeperrecipes@aikenstandard.com Win lunch for four!

EARTH DAY...from page 3

"going green" and leaving their thumbprint using non-toxic green ink on a poster board. Each thumbprint, limited to one per person, earns a raffle ticket. Empty printer cartridges and old cell phones can also be redeemed for raffle tickets.

"We hope to increase awareness, educate and help people 'walk the talk' by making things like cloth tote bags for groceries and lunch sacks for daily use available,

instead of plastic or paper bags," O'Meara said.

The Green Way Store, which sells environmentally friendly cleaning products, will sponsor the

Speakers will include GHSU First Lady Cindy Azziz, Howard and Green Team Co-Directors Mario Enriquez and James Harris.

In case of rain, the event will move to the lobby of the Health Sciences Building. Parking is available in the old Fat Man's lot on Laney-Walker Boulevard, Kroger on 15th Street and the Laney High School Stadium. Shuttles will be provided from the Laney Stadium to the Health Sciences Building in the event of rain.

For more information about the Green Team, visit georgiahealth. edu/green/.



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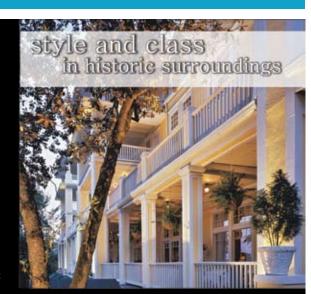


GHSU Special Lunch Buffet Monday-Friday

*Must show GHSU/MCG ID to receive discount *Does not include beverage, tax and gratuity



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Heather Dabbs, 17, a Volunteen in pediatric occupational and physical therapy at MCGHealth Children's Medical Center, helps Avery Hardy, 4, sort colored strings. Dabbs said she has enjoyed working with children and plans to pursue a career in this field.

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Teens find volunteering valuable

By Denise Parrish

Heather Dabbs, 17, thought she wanted to be a physical therapist, but she wasn't certain. So, she registered for the Volunteen Program to get a feel for hospital work. She was placed in pediatric occupational and physical therapy at MCGHealth Children's Medical

"I grew up around therapists because my two brothers had special needs, but I really couldn't experience therapy through them," said Dabbs. "As a volunteen, I was able to work and make connections with the kids. My supervisors have

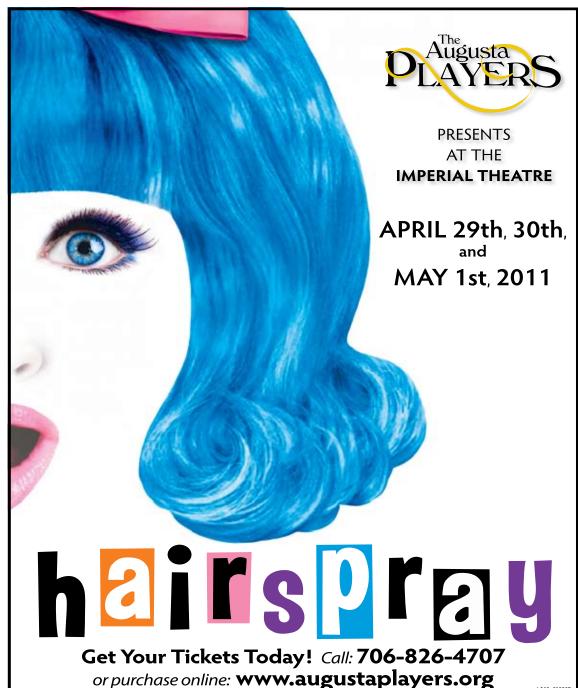
commended me for the progress I've made with patients. It's been a blessing to work there, and I now know that's what I really want to do as a career."

Thomas Knight has a similar story. He is interested in emergency medicine and spent his six weeks in the Shock Trauma Unit at MCGHealth Medical Center.

You can really scout things out and see what you like. The nurses let me do so much. I was not just an observer. It was very beneficial," said Knight, 16. "Having an eye-opening experience like this can tell you if the medical field is right for you."

"Our volunteer program for teens is very hands-on," said Samm Fusselle, Manager of Volunteer Services at MCGHealth. "We provide youth the opportunity to experience life as it really happens inside a hospital for a six-week period. Many of our volunteens have decided to pursue a career in health care after serving as a volunteer here."

High school students age 15 to 18 are eligible to apply for the summer Volunteen Program at MCGHealth. Students must be age 15 by May 1, and the deadline for applications is April 30.



Welcome...

to these new members of the GHSU community

FACULTY

College of Nursing

Lorna Finnegan

Medical College of Georgia

Diana Aranda Johnson Michael J. Vitacco

STAFF

Human Resources

Carrie Ann Collister

Lab Animal Services

Lingling Gao

Medical College of Georgia

Saif Ahmad Ahmet Hasan Cinar Aksu Jennifer Lynn Barden Yangzom Doma Bhutia Jenny Merell Bing Harrell Hongseok Ha KangWon Jang Krystal C. Johnson Chunman Li Laura Anne Meyer Gabriela Anna Pacholczyk Jun Wang Anissa Lynn Williams

Georgia Correctional Health Care

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Georgia War Veterans Nursing Home

Douglas Dandy Shemuel Jakim Fortilla Veronica Lynn Sturgent

Farewell

To these retiring members of the GHSU community:

Joyce E. Campbell, GCHC Clinical Practitioner, 11 years Mary M. Bannan, VESSL Coordinator, 14 years

Suzanne G. Moon, Residency Program Coordinator, 17 years Della K. Sideman, Nurse Clinician,

Sharon T. Dugger, Medical Transcriptionist, 21 years

J. Duane Perry, Environmental Health & Safety Officer, 23 years Mary E. Cox, Administrative

Assistant, 24 years

Wyatt Frank Caughman, Associate Dean, 26 years

Brenda C. Padgett, Administrative Associate, 26 years Jeanne Michelle Wilber, Registered

Jeanne Michelle Wilber, Registered Medical Lab Technician, 28 years

Lucinda A. Bufford, Nurse Clinician, 29 years

Sondra J. Luther, Practice Site Manager, 29 years

Linda D. Lee, Medical Transcriptionist, 30 years

Jonathan F. Bangs, Architect, 30 years

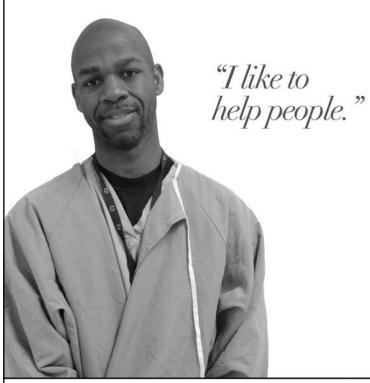
Rita B. Garner, Director of Special Projects, 30 years

Lisa D. Turner, Department Administrator, 31 years

Beatrice B. Eberhart, Histocompatibilty Technologist, 31 years

Leona Shelley Mishoe, Associate Provost of Academic Strategic Initiatives & Faculty Development, 34 years

Doris Ann Vinson, Health Information Management Services Clerk, 34 years



As an O.R. Assistant, I spend a lot of time in and out of the blood bank. I see the need for blood. My name is Roscoe Jimperson. I am an Operating Room Assistant, and I am a blood donor.

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CATRAVAS...from page 1

the VBC is in a great place. "The VBC has thrived under Dr. Catravas' leadership, attracting a cadre of outstanding investigators," Buckley said.

The center has met essentially all its original goals, including creating a critical mass of extramurally funded vascular biologists, developing a Ph.D. program in vascular biology and obtaining a Program Project grant from the National Institutes of Health. In fact, the center's second of these multi-investigator, largescope grants should be announced in coming months, Catravas said. He attributed the center's success to hard work and synergy on everyone's part. "We all strive for excellence in research and education and we all respect and collaborate with each other.'

Catravas joined the GHSU faculty in 1981, was named a Regents Professor in 1995, Director of the Postdoctoral Training Program in Integrative Vascular Biology in 2001 and Senior Associate Dean for Basic Research for MCG in 2008. He has served as Chairman of the Cardiovascular Division of the American Society for Pharmacol-

ogy and Experimental Therapeutics and President of the Southeastern Chapter of the Society of Toxicology. He has served on numerous study sections, grant review panels and site visits for the National Institutes of Health and is a member of the Grant Review Committee for the American Heart Association Southeast Affiliate. His research is funded by the American Heart Association and the NIH.

Fulton came to GHSU in 2001 from Yale University where he completed postdoctoral training in pharmacology followed by a year as a research associate. He earned a Ph.D. from New York Medical College. Fulton co-chaired the American Heart Association Southeastern Affiliate in 2007 and is a charter member of the NIH's Atherosclerosis and Inflammation of the Cardiovascular System Study Section. He is a member of the editorial board of the American Journal of Physiology; Arteriosclerosis, Thrombosis and Vascular Biology; and Circulation

The VBC focuses on the development, function and diseases of the vascular network.



Dr. John Catravas, founding Director of the 16-year-old Vascular Biology Center at Georgia Health Sciences University, will step down as Director effective June 30.



Medicine is in the Music



Teacher, therapist, opera singer and cancer survivor Dr. Deforia Lane of Cleveland, Ohio, gave lessons in music therapy to patient advisors and staff at MCGHealth Cancer Center during a recent visit. Lane (in background), author of the autobiography Music as Medicine and a board-certified music therapist, hums a song while Patient Advisor Nettie Engels (left) and Family Support Coordinator Rosemarie Kuhar experience "hands-on" music therapy at MCGHealth Cancer Center.

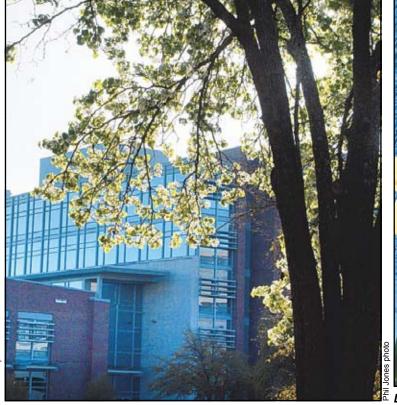


Using a special instrument, Dr. Lane illustrates how the rhythm and dynamics of music can lift the spirits of those who are around it. Lane, who serves as resident Director of Music Therapy at the Ireland Cancer Center of University Hospitals of Cleveland, demonstrated how she uses music, including volume, rhythm and dynamics, to engage patients and improve their recovery.

Spring has sprung on campus



Dogwood blossoms dot the trees behind Pavilion II.



Allied Health Sciences Building seen through a veil of greenery.



Jennings building.

Newsmakers











the Stenstrom Award of Excellence

a work in graphite pencil and Adobe

Touch With Your Heart," an illustra-

tion in graphite and Adobe Photo-

shop. The show is on exhibition at

GHSU's Greenblatt Library through

for "Viagra & Its Treatment of ED,

Photoshop. Polansky received an

Award of Merit for "Keeping In

Dr. William K. Dolen Dr. Lara Stepleman

Graduate Students Joshua Bird, Drs. Steve Black, John Catravas, Paul Kim and Colby Polansky David Fulton and Alexander Verin scored a "perfect 10," the highest received awards at the 18th Annual Student Scientific and Medical Ilpossible score, on their \$11.5 million lustration Exhibition March 2 at the Program Project Grant application, University of Georgia Lamar Dodd "Endothelial Barrier Protection and School of Art. Bird received an Repair in Acute Lung Injury.' Award of Merit for "Extensor Indicis Proprius to Extensor Pollicis Longus Dr. William K. Dolen, Professor Tendon Transfer Surgery," a work in graphite pencil, Adobe Photoshop and Adobe InDesign. Kim received

of Medicine, was elected a Director of the American Board of Allergy and Immunology. He also was appointed to the Accreditation Council for Graduate Medical Education's Allergy-Immunology Residency Review Committee. He is a Fellow of the ACAAI, the American Academy of Allergy, Asthma and Immunology and the American Academy of

Dr. Lara Stepleman, Co-Director of the Education Discovery Institute, is featured in the April issue of O (Oprah) Magazine regarding how emotions impact health and the immune system.

Obituaries

The GHSU Community extends condolences to the friends and family of:

Susan Dunham, retired Administrative Assistant, died March 28.

Ruby Ridley, retired Environmental Services Supervisor, died

Calvin Maddox, spouse of Patient Educator Mary Maddox, died April 4.

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Turtle Cheesecake

(if you are unable to find chocolate graham crackers; I used Keebler Chocolate Covered Graham Cracker); crush crackers as fine as possible. 1/3 cup butter or margarine, melted

3 pkgs (8 oz each) cream cheese, softened

1 can (14oz) Sweetened Condensed Milk 1/2 cup granulated sugar

(Lused a bit more) 2 tablespoon caramel syrup or ice cream topping (I used a bit more)

1 1/2 cups (9oz) semi sweet chocolate

2 tablespoon chocolate flavor syrup

1/2 cup coarsely chopped pecans 1/4 cup semi sweet mini morsels

3 tablespoon lime juice

1 tablespoon vanilla extract

Preheat Oven to 300 degrees. Grease a 9" spring form pan. Wrap bottom of pan with aluminum foil and place on cookie sheet when baking. (makes it easier to place in and out of oven)

Crust: Combine cracker crumbs and 1/3 cup melted butter in bowl. Mix well. Spread mixture in bottom of pan and press into the sides of pan up about 1 inch.

Cheesecake Filling: Beat cream cheese and condensed milk until smooth. Add sugar, eggs, lime juice, and vanilla until smooth. Set Aside.

Melt 1 1/2 cups of chocolate chips in microwave. Heat 30 seconds at a time to prevent burning. When melted; remove 2 cups of cream cheese filling and place in another bowl. Add melted chocolate chips; stir until well blended.

Take Pan: Alternate cheesecake filling with chocolate cheesecake filling; ending with the regular cheesecake filling.

Bake 70 – 75 minutes. Let Cool Completely.

Drizzle Chocolate Syrup; then, caramel syrup over top of cheesecake. Sprinkle with pecans or walnuts. Then sprinkle with mini chocolate chips. Refrigerate for several hours or overnight. Serve with cool whip.

Send to beeperrecipes@aikenstandard.com

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10

Primary care targeted for suicide prevention efforts

By Sharron Walls

Forty-five percent of the 32,000 Americans who take their own lives each year visit their primary care provider within one month of their death. Ninety percent have a mental health or substance abuse disorder, or both. Yet only in the last decade has suicide been considered a preventable public health problem.

"In our society, we have separated mental health and physical health for quite some time," said Dr. Judith Salzer, Associate Dean for Strategic Management at the Georgia Health Sciences University College of Nursing. Salzer, a primary care pediatric nurse practitioner who has spent her career specializing in the care of vulnerable children, is one of a select group of experts who participated in a Call to Action on Suicide Prevention in Primary Care Practice April 11-12 in Portland, Ore.

The meeting, sponsored by the Suicide Prevention Resource Center, the only federally funded center of its kind in the nation, and the American Association of Suicidology brings together physicians, social workers, nurses, researchers and

government agencies to develop ideas and methods that would increase the capacity of primary care practices to assess and manage suicide risk.

"This hasn't been done before," Salzer said. "The most basic mental health occurs in primary care settings where practitioners have hands-on contact with patients. We want to set up a national network to let primary care providers know how critical their impact is and give them acceptable tools with which to identify patients at risk for suicide."

The group will identify ways for providers to better recognize and respond to patients' suicidal thoughts and behaviors and to develop organizational plans that incorporate suicide prevention activities into primary care practices.

"There aren't enough mental health professionals for everyone to get a mental health checkup," Salzer said. "We want to make sure primary care providers have a practical way to incorporate mental health awareness into their assessments. A quick, standardized screening will tell pretty quickly if someone is feeling like they may hurt themselves."



Dr. Judith Salzer, Associate
Dean for Strategic Management
at the Georgia Health Sciences
University College of Nursing, is
one of a select group of experts
who participated in a Call to
Action on Suicide Prevention in
Primary Care Practice.

Ricardo Azziz:

THOUGHTS REFLECTIONS

from our President and CEO



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	1	2	3	4				5	6	7
8								9		
10					11		12			
13					14	15				
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	18	19				20				
	21				22					
23							24	25	26	27
28					29	30				
31						32				
33						34				

CROSSWORD 225

ACROSS

- Primary symptom of eczema
- Chronic glomerulonephritis, for
- Pierre Curie's wife
- Full deck
- 10. Pitfalls
- 12. Superior vena_
- 13. Abbr. on an old map
- Discontinues
- 16. Synchronous diaphragmatic flutters
- 18. Ending for buck
- __ calcis; heel bones
- 21. Possible complication of Crohn's disease
- 23. Leg bones
- 24. Pituitary's anterior ___; adenohypophysis

- 28. Yanks' foes
- 29. Remained behind
- 31. Suffix for duct or contract
- 32. Angers
- 33. Peculiar
- 34. West and others

DOWN

- 1. Carmichael and McKellen
- 2. Refrain syllables
- 3. Result of chronic liver disease
- 4. TV's "__ Haw"
- 5. Necklace parts
- hoot; cares
- 7. Peeples and Long
- East Lansing sch.
- 11. Squamous cell carcinoma, for short

- 12. Burning pain due to peripheral nerve injury
- Earth sci.
- 17. Tiny amount
- 18. Far __; away from home
- 19. Like corduroy
- 22. Ending for Sam or Man
- The Bee Gees, for one
- Make eyes at
- Certain hymenoptera
- Sullivan and Bradley
- 30. Olecranon's location

MEDICAL WORD SEARCH

М	N	I	Ε	٧	L	Α	R	0	М	Ε	F
R	Ε	G	G	Ν	I	R	Т	S	Α	G	С
1	0	Т	Н	R	U	S	Н	S	L	s	Е
G	Χ	0	Н	D	G	S	С	U	S	U	R
Е	Υ	R	1	О	U	1	С	Α	S	Т	Ε
N	Т	Ν	٧	Р	Т	О	Ε	G	Ε	U	В
1	0	Α	Е	G	Р	R	D	Н	R	R	Е
М	С	С	S	Н	С	Р	Е	Ε	Α	Ε	L
Α	I	L	Α	Ν	Α	ı	Т	Χ	N	s	L
Р	Ν	G	Α	Т	U	М	0	R	Α	U	U
0	Ε	Р	s	Υ	Ν	С	0	Р	Ε	Т	М
ח	D	R	0	С	1	Δ	N	1	Р	s	F

Can you find and circle in the grid above the terms listed below?

Methotrexate Duodenum Syncope

Tics Hives

Glucophage Pancreas

Sutures Femoral vein Gastrin

Thrush Nares

Tumor Spinal cord Torn ACL Oxytocin

Dopamine

MRI

Cerebellum Pus

SUDOKU

Sudoku requires no arithmetic skills

The object of the game is to fill all the blanck squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order. Each column of 9 numbers must include all digits 1 through 9 in any order. Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

	6		4		8		5		
									2
		7				3	4		
3	3		2	1					5
			9	3		2	8		
	4					5	2		7
			1	9				8	
	2								
			3		4				9





When Stacy Palmer-Carpenter and her husband got her 6-weekold American Bulldog, he was just 8 pounds. He's grown to 43 pounds over the last six months, but that doesn't stop him from trying to snuggle in her lap.

"It's obvious he doesn't realize how much he's grown," said Palmer-Carpenter, MCGHealth Patient Accounting Assistant.

This is Palmer's first dog, but she and her husband, GHSU Facilities Maintenance Specialist Carlton Carpenter, are proud parents, taking Ace to the dog park and all of the pet stores, where he loves to socialize with both people and pets.

"He never meets a stranger," she said.

Send photos and stories about your pets to Stacey Hudson at beeper@georgiahealth.edu.





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LOT 30A



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bedrooms, 2.5 baths and bonus with
unfinished bath.
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LOT 4A



127 Oakbrook Dr. 2,611 sq.ft.
Another fabulous plan with huge Kitchen, Breakfast & Sunroom areal Granite
tops & wood cabinets with Stainless appliances! Dining Room could be an office!
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LOT 40A



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tchen, surmon and foyer
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Congratulations!

Albert Taylor found his name hidden on page 16 in the International Uniform ad. She wins a dinner for two at the French Market Grille.

Is your name in this issue? Check our ads to find out!

And remember e-mail: beepercontests@aikenstandard.com by the Friday at noon deadline.

HIDDEN NAME CONTEST

We hide the names of randomly chosen students & employees - one per issue. If your name is hidden in one of the advertisements in this issue, you'll score our Beeper gift package: a gift certificate to French Market Grille & Top Notch Car Wash plus movie passes to Evans 20 Theatre compliments of Health Center Credit Union!

THE RULES: 1. Find the name of a randomly chosen GHSU student or employee hidden within one of the add in this issue. 2. IF THE NAME YOU FIND IS YOURS, e-mail us; (beepercontests@aikenstandard.com) before noon on Friday, the day after the Beeper issue date, to claim your winnings. 3. IF THE NAME YOU FIND IS NOT YOURS, please do not enter. 4. All hidden name winners must be enrolled at or employed by GHSU at the time of winning. 5. Neither the publisher nor any other party is responsible for printing errors which make the hidden name illegible, or for mail or other newspaper delivery delays. 6. In the event more than one person has the same name, the first person to claim the prize is the winner. 7. Prize awarded to winners may vary from issue to issue. 8. A photo ID may be required to claim some prizes.







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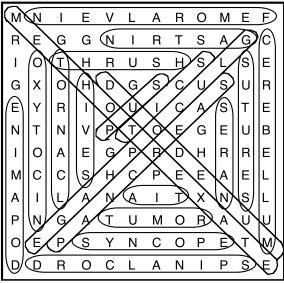
Crossword Solution

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Suduko Solution

6	2	4	7	8	9	5	1	3
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5	4	1	9	2	7	3	8	6
2	9	7	6	3	8	1	5	4
8	6	3	5	4	1	7	2	9

Word Search Solution





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