



beeper

News and Information for the MCG community

Vol 20 No 24 Wednesday, December 1, 2010

QEP | HEALTHY PERSPECTIVES

Better health care
through better
understanding

Campus invited to Dec. 9 QEP luncheon

By Christine Hurley Deriso

Free pizza, door prizes, a video presentation and a drawing for an iPad are among the activities slated for a Dec. 9 luncheon kicking off MCG's Quality Enhancement Plan.

The luncheon will be held from 11 a.m. to 1 p.m. in room 1222 of the Health Sciences Building.

The QEP, a requirement of MCG's accrediting body, is intended to enhance education campuswide far into the future. MCG's plan, Healthy Perspectives, aims to optimize students' cultural competency.

"We are thrilled to host a campuswide luncheon launching this vital initiative, because the whole campus has contributed to it," said Associate Provost Shelley C. Mishoe, director of the QEP. "This is an opportunity to thank the many, many students, faculty and staff members who have either directly or indirect-

ly contributed to our plan."

In addition to the QEP Development and Executive Committees, which have met regularly for six months, various subcommittees and workgroups have drilled down on specific aspects of the plan, including development, communications and assessment. "This has been a tremendous undertaking involving the schools on all of MCG's campuses," Mishoe said. "I can't overstate the time, engagement and collaboration that have characterized this project, and I am immensely grateful."

The Southern Association of Colleges and Schools-Commission on Colleges will assess the plan as part of MCG's reaffirmation of accreditation this spring. SACS representatives will visit campus March 29-31, the final stage in a reaffirmation

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Issue X-Ray

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Recycle? No, pre-cycle • 14

MCG is a tobacco-free campus

Group brings Lady A game to fundraiser

By Stacey Hudson

Award-winning country music group Lady Antebellum performed a lunchtime acoustic show Nov. 15 at the Bell Auditorium to a sold-out crowd of 2,600. The show raised more than \$14,700 for the MCGHealth Children's Medical Center Pediatric Cancer and Blood Disorder Clinic.

"We didn't even ask them to do this. They just offered," said Philanthropy Coordinator Rebecca Bruni. "That's such an incredible gift, and we're incredibly appreciative."

The trio – Augusta natives Charles Kelley and Dave Haywood and Nashville native Hillary Scott – performed three of their hits, "I Run to You," "American Honey" and "Need You Now."

"If you're a kid going through cancer treatment, I'm sure this brightened your day. It certainly brightened my day," Bruni said.

Children being treated at the Children's Medical Center carried colorful cards onto the stage that



Michael Johnson photo

Sandra McVicker (from left), Interim President and CEO of MCGHealth, shares what the MCGHealth Children's Medical Center means to our community alongside band members Dave Haywood, Charles Kelley and Hillary Scott of Lady Antebellum.

See Lady A game, page 16

East Central Georgia Regional Hospital opens dedicated educational unit

By Toni Baker

The partnership between the Georgia Department of Behavioral Health and Developmental Disabilities and the Medical College of Georgia will continue to fulfill its three-part mission to provide excellent clinical care, innovative educational methods and an opportunity to lead in research and development with the opening of the Dedicated Educational Unit at East Central

Regional Hospital. A ribbon cutting ceremony was held Thursday at the new building on the Augusta Campus, located at 3405 Mike Padgett Highway.

The celebration launched the initiative of an interdisciplinary approach in the education of medical students, psychiatry residents, psychology interns and fellows, nursing students and allied health professionals using a dedicated education unit model. The one-

year anniversary of the MCG-East Central Georgia Regional Hospital partnership also was recognized during the ceremony.

Guests included Dr. Frank E. Shelp, commissioner, Department of Behavioral Health and Developmental Disabilities; Dr. Peter Buckley, interim dean, MCG School of Medicine; Dr. Lucy Marion, dean of the MCG School of Nursing; and Dr.

See Dedication, page 16

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Division of Strategic Support
Medical College of Georgia
Augusta, Georgia 30912

Briefs...

News, events and more

Coffee/Bake Sale

The MCG Chorus will host a Coffee & Bake Sale Dec. 1-3 from 7:30-8:30 a.m. between Kelly and Murphey buildings. All proceeds fund this year's MCG Chorus season.

Board meeting

The board of directors of MCG Health System, Inc., will meet at 10 a.m. Thursday, Dec. 2, in room BT1810 (the first floor conference room) of the MCGHealth Children's Medical Center.

Radio Gaga

Join the MCGHealth 2010 Cares for Kids Radiothon Dec. 9-11 when patients share their stories of hope on WBBQ 104.3 and KISS 96.3 live from the hospital lobby. Call in and pledge to support the Children's Medical Center, the local Children's Miracle Network-affiliated hospital. Call 706-721-3957, e-mail castewart@mcg.edu or visit mcghealth.org/giving to volunteer or to make a donation.

Hockey sticks

Join the Augusta Riverhawks for health-care night Friday, Dec. 10 at James Brown Arena. Activities include a pre-game meet and greet at 5:30 p.m., the chance to watch warm-ups from the penalty box, opportunities to set up a booth on the concourse and participation in a fan tunnel. Tickets \$8-\$10; must be purchased by Dec. 9. Space is limited. Call 706-262-4578.

Compliance

All required annual training and compliance must be completed by Friday, Dec. 17. Requirements this year include Confidentiality, Conflicts of Interest, Copyright Infringement, Drug Free Schools and Campuses, FERPA, Non-Retaliation, Social Media Awareness, State Business Transaction Reminder, Vehicle Operator Policy Training, HIPAA Goes HITECH and USG Ethics Annual Refresher. If you do not have computer access, please contact your immediate supervisor. Training will be conducted online at educode.com/MCG/login50/.

Holiday gifts

Give the gift of fitness this holiday season with an MCG Wellness Center gift certificate. The center offers memberships, personal training packages and massage therapy sessions. Visit the Wellness Center front desk for details or call 706-721-6800.

Training

The list of training and education opportunities offered during the month of December is available at mcg.edu/hr/training/. Contact the Human Resources training and education office at 706-721-0343 for more information.

Free flu shots

MCGHealth Occupational Health Services is offering free influenza vaccines for campus employees. No appointment is necessary, but employees are required to have their badge to receive the vaccine. OHS hours of operation are weekdays from 6:30 a.m. to 5:30 p.m. OHS is located at 1515 Pope Ave. next to the MCGHealth Human Resource office. Call 706-721-3418.

Artrageous!

The Noon Arts Concert series will continue Feb. 15 from noon to 1 p.m. in Lee Auditorium. Performances showcase the diverse artistic talents of our students, staff and faculty. The first 150 attendees enjoy free Chick-fil-A sandwiches. Future performance to be April 12. Interested performers e-mail kmckie@mcg.edu. Visit mcg.edu/arts council/performance/noonconcert.html.

New nephrology

The 2011 James B. Hudson Nephrology Update and Georgia-South Carolina Society of Nephrology Annual Meeting will be Feb. 19-20 at the Ritz-Carlton Lodge at Reynolds Plantation in Greensboro, Ga. Registration is \$125. Call Judy Sanders for registration at 706-721-2861. Visit mcg.edu/som/medicine/nephrology/.

Sing along

MCG Chorus is seeking new members. No prior experience necessary. Meetings are Monday at 5:30 p.m. in Lee Auditorium. Musical events include noon arts concerts, CMC performances and more. E-mail Tricia Perea at tperea@mcg.edu.

Members only

The MCG School of Medicine Academy of Medical Educators is now accepting new member applications. The Academy is a school-wide organization of distinguished educators that promote educational excellence, innovation, and scholarship; serves as an "academic home" for faculty with career interests in medical education; and works to improve the quality of medical education through service to the School of Medicine in faculty development, mentoring and educational leadership. For information visit mcg.edu/som/ames/index.html.

News to us

Send announcements or story suggestions for *the Beeper* to beeper@mcg.edu, or contact editor Stacey Hudson at ext. 706-721-4410 or FI-1042 (campus mail).

So swell

Submit your nominations for the S.W.E.L.L. Award: Saluting the Work, Excellence, Leadership and Lives of our MCG employees. Contact *Beeper* editor Stacey Hudson at smcgowen@mcg.edu or 706-721-4410.

Pet set

Submit your pets for the Pet Gazette. Contact *Beeper* editor Stacey Hudson at smcgowen@mcg.edu or 706-721-4410.

Knee pain study

Adults age 18-40 who have had anterior knee pain for at least four weeks are needed for a MCG study. Participants will take part in free, supervised 30-minute rehabilitation sessions up to three times a week for six weeks. Call Dr. Lori Bolgla at 706-721-1517 or e-mail lbolgla@mcg.edu.

Study buddy

Females between the ages of 12 and 26 who have received a three-dose regimen of a specific HPV vaccine are needed to participate in a study that may develop vaccines that protect against additional types of HPV. Current vaccines help protect against up to four types of HPV. New investigational vaccines, if proven effective, may further reduce a person's risk for developing cancer and other health problems caused by HPV. Call 706-721-8944.

Confidential assistance

MCG's Employee/Faculty Assistance Program offers up to six free, confidential counseling sessions to employees and their immediate family. The sessions may cover any person or work-related area of concern. Call 706-721-2599.

Give blood

The need is constant. The gratification is instant. Every day someone needs someone like you to give a second chance. Help give the gift of life. Call ext. 706-721-3695 for an appointment or drop by the Blood Donor Room, Sydenstricker Wing room 1200.

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www.mcg.edu/news/beeper

Division of Strategic Support

Medical College of Georgia – Augusta, Georgia 30912

Direct news correspondence to:

Stacey Hudson, Editor

smcgowen@mcg.edu

FI-1042, ext. 1-4410

beeper@mcg.edu

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DEADLINES

for Dec. 15 issue - Dec. 7 at noon

MEDICAL COLLEGE OF GEORGIA

Dr. Ricardo Azziz, President

Deb Barshafsky, Vice President for Strategic Support

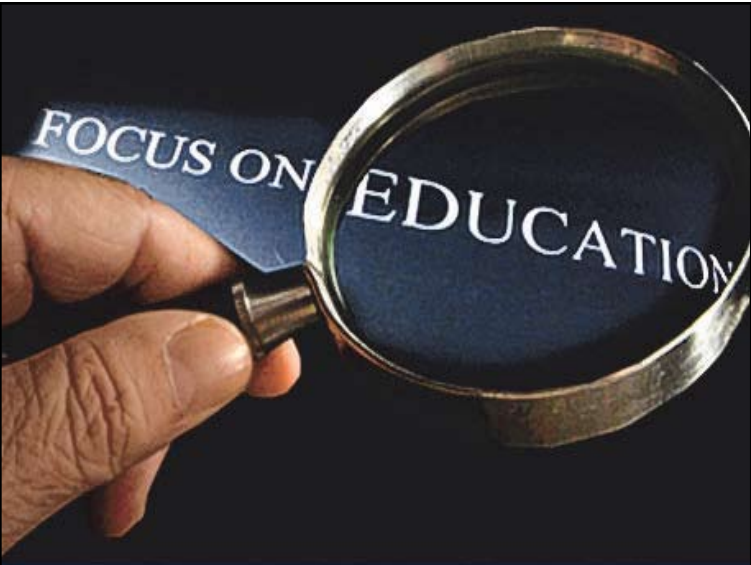
Jack Evans, Director of University Communications

Damon Cline, Publications Manager

EMPLOYEE ADDRESS CHANGES & CORRECTIONS should be made to Human Resources through department managers.

The mission of the Medical College of Georgia is to discover, disseminate, and apply knowledge to improve health and reduce the burden of illness on society. In realizing its mission, the Medical College of Georgia is committed to serving the people of Georgia, the nation and the world by:

- Preparing the health professional workforce of the future;
- Conducting research through programs that create, disseminate and apply new knowledge relevant to human health;
- Providing exceptional, innovative, patient-centered health care services;
- Contributing to the economic development and well-being of the State of Georgia through integrated programs in education, research and clinical care.



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to create a great QEP.
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MCG donors send more to local charities in 2011

By Stacey Hudson

Augusta's charities will get a boost this year, thanks to MCG employees.

The amount of money donated, per person, to the State Charitable Contributions Program rose over the amount donated last year, according to a preliminary account by Joel Smith, Human Resources employee services coordinator.

Last year, employees gave an average of \$71. This year, they gave an average of \$122 per person.

One of the charities getting a boost is the Ronald McDonald House of Augusta, which provides a "home-away-from-home" for families so they can stay close to their hospitalized child at little or no cost. MCG employees donated \$5,414 to the organization, enough to cover about 69 nights of housing for families.

"That's important because it directly impacts the Children's Medical Center patients and their families," said Smith, who spearheads the SCCP campaign every year.

Betts Murdison, executive direc-

tor of Ronald McDonald House of Augusta, said that 95 percent of the families she sees have children who are being treated at MCGHealth Children's Medical Center. And that means that MCG employees' contributions go right back into the care they provide.

"The money goes straight into our operating budget, so it is used to offset the cost of a family's stay here," Murdison said. It costs the house about \$79 a night to host a family, and the house asks for a donation of \$20 a night from families. In reality, they receive an average of \$2-\$3 per night.

Most families, strapped by travel and the cost of medical care, pay nothing. The organization housed 1,079 adults and 432 children in 2009, and 82 percent of those visitors live more than 100 miles away from Augusta.

This is the second year that the organization has been on the giving list, and Murdison says that was due to the urging of Dr. Charles Howell.

"He was adamant that his donations stay in Augusta," she said.

The SCCP campaign was complet-

ed in four weeks instead of eight, this year. Smith credits the success of the campaign to unit coordinators, volunteers who spearhead the efforts in assigned areas on campus.

"My unit coordinators really stepped up to the plate. The Cancer Center went from 2 percent participation in pledging to more than 75 percent pledging this year," Smith said.

And the campaign is still open. Although the big push happens for four weeks, Smith said that people can give all year long.

"We'll take money for charity any time you want to give us some," he said.

The minimum amount to give via payroll deduction is \$1 per month, or \$12 per year. Visit mcg.edu/sccp or contact Smith at 706-721-0343 or sccp@mcg.edu.



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Stacey Hudson photo



Dr. Barry Hammond, assistant professor in the Department of General Dentistry, sticks his tongue out at a pie-thrower. Hammond volunteered for the creamed corniness at the 2010 Dental Derby, one of the annual fund raisers for the State Charitable Contributions Program.

Radiothon helps patients to feel like kids again

By Stacey Hudson

Tyler Allred, who will be 5 years old on Dec. 20, has been diagnosed with leukemia. His parents, Kristi and Bo, could have taken him to any one of several pediatric oncology treatment centers in the Atlanta area, where they live.

Instead, they make the three-hour drive to MCGHealth Children's Medical Center every time Tyler needs treatment.

"The care Tyler has received has been amazing," Kristi wrote. "They have been so kind, patient and loving. They have the best staff. The doctors are so knowledgeable. We love MCGHealth Children's Medical Center!"

The Allreds are just one of the families who will offer their stories when the 2010 Cares for Kids Radiothon kicks off on Dec. 9 broadcasting live on WBBQ 104.3 and KISS 96.3 FM, with Knology as the phone bank sponsor.

"We invite our patients and their families to come and share their stories with us live from the lobby of the CMC," said Catherine Stewart, MCGHealth philanthropy associate.

Each year, the 170 Children's Miracle Network hospitals band together to flood the airways with information about how hospitals equipped to treat the needs of pediatric patients make an impact on the community. Donations are used to provide charitable care, purchase life-saving equipment and fund research and education programs that save and improve the lives of 17 million children each year.

Last year, the local Radiothon brought in \$178,000 to help care for sick children. This year, Stewart hopes to see \$200,000, with the generosity of the community. For



Volunteers staff the phone bank at the 2009 Cares for Kids Radiothon. This year's fundraising drive will run Dec. 9-11 on WBBQ 104.3 and KISS 96.3 FM.

MCGHealth, the funds not only shore up the medical care they give, but also allows the health center to provide the little extras that make children's care less traumatizing.

"We're able to make this a more fun environment for children who have to be here weeks and months at a time. Through this, we're able to provide those little extras - our child life specialists, our indoor playground, our Wiis," Stewart said.

It's money that can help Alexis Smith, a 9-year-old on dialysis. Alexis, who has Lupus, will be 10 on Christmas Eve. She's waiting for a kidney transplant, and most patients wait between three and five years. She and her family will spend a lot of time at MCGHealth for doctors' appointments, inpatient services and

wait time. And when a child is sick, the last thing any parent wants is for them to be bored, too.

"The number one thing that families tell us when they're here is that we make them feel like family," Stewart said.

2010 Cares for Kids Radiothon

Listen on WBBQ 104.3 and KISS 96.3 FM

- Thursday, Dec. 9, from 5:30 a.m. to 7 p.m.
- Friday, Dec. 10, from 5:30 a.m. to 7 p.m.
- Saturday, Dec. 11, from 8 a.m. to 1 p.m.

QEP...from page 1

process that has included a self-study and extensive documentation compiled for off-site reviewers.

"The QEP is a new accreditation requirement," Mishoe said. "The parameters are very broad, enabling us to be highly creative in tailoring a plan specifically for our campus. And that's just what we have done. Every MCG student will eventually benefit from our QEP, with the entire campus benefiting by extension. Our QEP will ensure that when patients walk into our graduates' offices, MCG graduates will respect, embrace and celebrate the qualities that make them uniquely who they are."

Noted MCG President Ricardo Azziz, "Cultural competency seems

to come naturally to MCG students, who epitomize maturity, altruism and respect for others. But our QEP will reinforce these values even more, helping future clinicians embrace diversity, celebrate differences and champion cultural competency throughout their careers."

QEP trivia contests have been held throughout the fall to help familiarize the campus with the plan. Contest winners' names will be included in a drawing, with a random winner selected to receive an iPad. "Of course, the iPad is the big draw, but rest assured we'll have lots of goodies for everyone at the luncheon," Mishoe said. "T-shirts, mugs and other door prizes will be available, along with great food and

lots of fun."

And if you missed your chance at the iPad this fall, look for the trivia contest to gear back up in January, leading to another grand-prize drawing and luncheon in March.

For more information, visit mcg.edu/sacs/qep or call Melissa Duckett at ext. 2805.

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Study seeks strategies to prevent catheter-related infections

By Sharron Walls

A Medical College of Georgia study seeks to learn how to optimize communications to avoid potentially deadly catheter-related bloodstream infections.

Nearly half of patients in intensive care units need catheters to deliver medicine or replenish fluids. In the United States, catheter-related bloodstream infections cause as many as 28,000 deaths and \$9 billion in health care costs each year.

Such infections are completely preventable if correct practices are followed, according to the U.S. Centers for Disease Control and Prevention. Those practices include hand hygiene, full barrier precautions, patient skin antisepsis, appropriate catheter site selection and daily review of whether the line is still necessary.

"Evidence-based practices have been developed and promoted, but while some hospitals have succeeded in implementing these standards, many have not," said Dr. Pavani Rangachari, assistant professor of health informatics in the School of Allied Health Sciences and principal investigator on the study.

"We do not have a systematic understanding of how hospital organizations learn to prevent infections," she said. "By understanding these

dynamics and making them available to practitioners and policy makers, this study may enable a faster spread of hospital infection prevention efforts."

The multidisciplinary two-year, \$100,000 study is sponsored by the Department of Health and Human Services' Agency for Healthcare Research and Quality.

Rangachari and her colleagues will collect weekly data from MCG's medical and pediatric intensive

care units beginning in January, analyzing communication logs to determine how catheter-related bloodstream infections prevention practices are communicated to physicians and nurses and which are most effective.

For instance, some hospital personnel communicate tacitly – such as medical faculty telling residents the importance of using full barrier precautions (airborne and contact precautions, plus eye protection

and standard precautions). Others communicate explicitly, such as hospital administrators disseminating monthly infection rates during staff meetings.

"We want to understand which structures of communication and types of knowledge exchanges are associated with the successful implementation of evidence-based practices," Rangachari said. "In short, how does safety learning occur at the unit level?"

The problem is that some practitioners think they are following proper procedures when they are not. The better they understand how to communicate, Rangachari theorizes, the safer they can keep their patients.

"There's a big incentive now for hospitals to follow these procedures," she said. Beginning in 2011, hospitals will be required to publicly

See Study, page 7



Phil Jones photo

Dr. Pavani Rangachari, assistant professor of health informatics in the Medical College of Georgia School of Allied Health Sciences, is the principal investigator on a study that seeks to better understand how hospitals learn to prevent catheter-related bloodstream infections.

Congratulations Mimi Hopson, CMA

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Indian Corn with Curry Yogurt

Ingredients:
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1 (7oz) container Greek yogurt
1 tbsp honey
1 lime, juiced, plus wedges for serving
1 teaspoon curry powder
Kosher salt and freshly cracked black pepper

Directions:
Preheat a stove top grill pan to medium-high heat. Grill the corn, turning frequently, until evenly browned - 10-12 minutes. In a small bowl, stir together the yogurt, honey, lime juice, and curry until smooth.

Transfer the corn to a cutting board, cut them in half crosswise and serve immediately with a drizzle of curry yogurt, a sprinkling of salt and pepper, and squeeze of fresh lime, if desired. Corn can also be refrigerated and served cold.

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.....

New dedicated education unit opens



Dr. Peter Buckley, interim dean, MCG School of Medicine, said the opening of the new Dedicated Education Unit at East Central Georgia Regional Hospital brings new possibilities to the partnership.

Phil Jones photo



Dr. Frank E. Shelp, commissioner, Department of Developmental Disabilities said that in 18 months, much has improved in Georgia's psychiatric public health programs.

Phil Jones photo

Firm presents signage and wayfinding designs



Stacey Hudson photo

Employees look over the posted designs for new signage and wayfinding directionals at the Nov. 16 reception at the Allied Health Sciences Building.

Family celebration brings enterprise together



Phil Jones photo

MCG President Ricardo Azziz greets a young guest at the celebration.



Phil Jones photo

The Dr. Pearson-Shaver Band entertains the crowd with jazz.



Phil Jones photo

Norton Wade plays acoustic guitar as guests enjoy their Sconyers barbecue.

Lady Antebellum sells out noon fundraiser



Michael Johnson photo

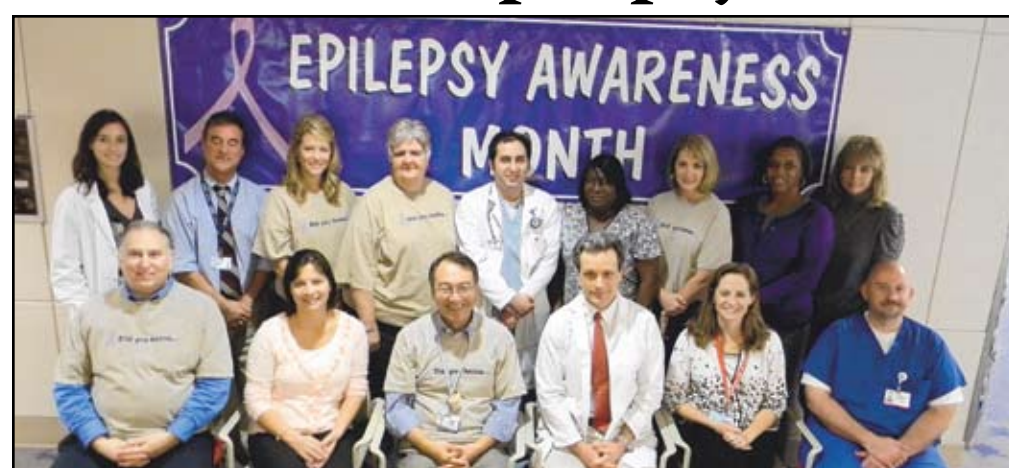
The members of Lady Antebellum, Hillary Scott (from left), Dave Haywood and Charles Kelley, perform an acoustic set as a fundraiser for MCGHealth Children's Medical Center.



Michael Johnson photo

Patients from the Children's Medical Center thanked the members of Lady Antebellum for their fundraising efforts.

Unit honors epilepsy month



Paula Hinely photo

November was Epilepsy Awareness Month and the Epilepsy Monitoring Unit at MCGHealth helped to raise understanding of the condition with educational brochures, informational T-shirts and by decorating the unit in purple, which is the color of epilepsy awareness. The unit is a Level Four epilepsy center, the highest designation given by the National Association of Epilepsy Centers.

Azziz hosts legislative delegation



Phil Jones photo

MCG hosted the annual pre-legislative briefing for the Richmond and Columbia County Legislative Delegations on Friday, Nov. 19. President Ricardo Azziz welcomed legislators and provided an overview of progress and future direction. Azziz also presented MCG's legislative agenda, which includes support for construction of the Education Commons and continuation of the special funding initiatives for cancer and cardiovascular research.

Halloween spirit livens campus



Staff photo

Sandy Huntington (from left), dressed as Peppermint, and Ashley Nix, dressed as a voodoo doll, carry a banner across 15th Street with the annual MCGHealth Human Resources Halloween costume parade.



Staff photo

MCGHealth hosted a Halloween celebration at the Imperial Theatre Oct. 30. A costume contest and a showing of "Madagascar" made it fun for the whole family. Here, Vice-President of Human Resources Derek Carissimi stands with two other attendees who also came as vampire royalty.

Newsmakers

Pat Goodwin, administrative associate in the office of the President, and **Deborah Humphrey**, director of public relations at MCG Health, graduated from the 2010 Region Seven Multi-Day Training Program of the Georgia Academy for Economic Development. The Academy assembles a cross section of economic development professionals and resources to provide this training in all 12 service-delivery regions in Georgia. The program includes training in the basics of economic and community development, plus specialized segments on business recruitment and retention, tourism product development, downtown development, quality planning, re-

development and other essentials for community success.

Dr. Mark W. Hamrick, interim vice president of research at the Medical College of Georgia, has been named to the Working Group of the Association of American Medical Colleges Council of Academic Societies' Initiative to Highlight Faculty Innovations. The new initiative will emphasize the quality-of-life impact of health care innovations made by medical school faculty. The working group will help determine the best ways to identify, evaluate and promote those innovations. The Council of Academic Societies is one of the AAMC's three leadership councils.

Dr. Richard W. Sattin, professor and research director for the Department of Emergency Medicine, has been elected president-elect of the Society for Advancement of Violence and Injury Research. The society focuses on preventing and treating injury and violence through advocacy and research. Sattin has been a board member since 2008. Sattin, also the chairman of MCG's Human Assurance Committee, is the principal investigator on a National Institutes of Health study, Fit Body and Soul, working with Augusta churches to reduce risk of diabetes and increase physical activity among African Americans.

Dr. Ora Singer, assistant professor of rheumatology, is one of 10 recipients of the 2010 American College of Rheumatology Distinguished Fellow Awards. Singer was honored for the award, which recognizes meritorious service by clinical and research fellows in rheumatology, at the group's recent annual scientific meeting. Her research examining the musculoskeletal side effects of using aromatase inhibitors to block estrogen in breast cancer patients earned her the college's 2009 Physician Scientist Development Award.

Obituaries

The MCG Community extends condolences to the friends and family of:

Lorraine Peluso, spouse of Charles Peluso, deceased associate professor of medicine in the Department of Family Medicine, died Oct. 31.

Delores Merritt, retired telemetry technician, died Nov. 11.

Latosha Gilmore, licensed practical nurse, died Nov. 13.

Doris McCool, research associate, died Nov. 15.



Pat Goodwin



Deborah Humphrey



Dr. Mark Hamrick



Dr. Richard Sattin



Dr. Ora Singer

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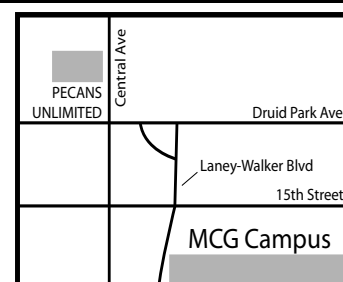
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Pet Gazette



Talk about a family-friendly dog! All you have to say to Barker, Heather Milburn's 2-year-old Sheltie, is: "Wanna go see Grammy and Papa?" and you'd think he won the puppy treat lottery. Milburn, an office specialist in the School of Dentistry Patient Services department, says that's how Barker is. He enjoys simple things, like family, napping on his back in the sun, chewing on ice cubes, being brushed after a bath and going on car trips. But he's no fan of fireworks. On his first Fourth of July, her husband was holding him when the pyrotechnics began. Barker tinkled on her husband's University of Georgia shirt. Maybe he's just a Carolina fan.

**Send photos and stories about your pets to
Stacey Hudson at beeper@mcg.edu.**

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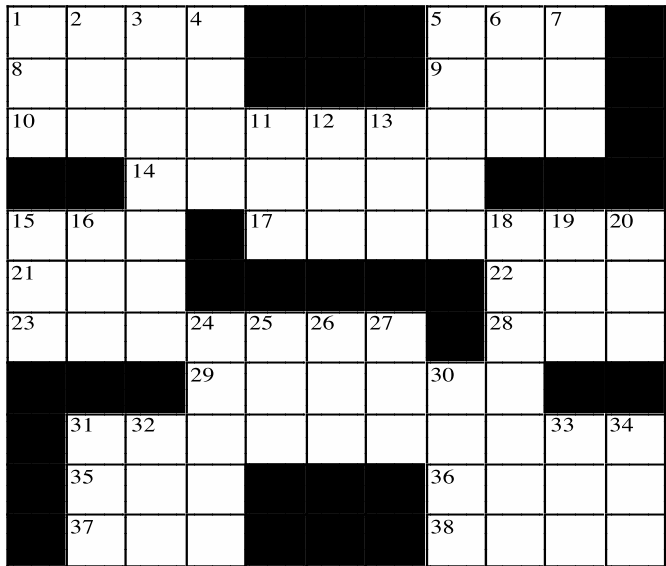
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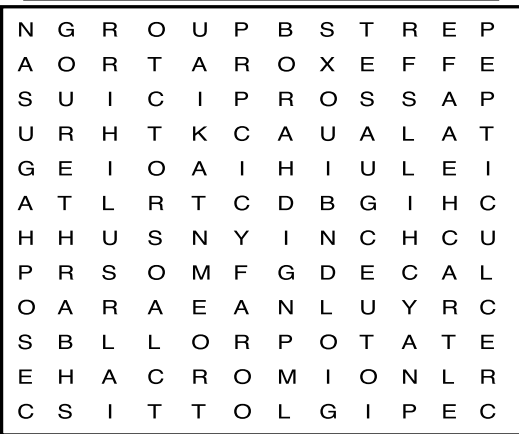
ACROSS

1. Certain lipids
5. Most common antiplatelet drug, for short
8. Give a hoot
9. Chatroom laugh
10. Localized form of vasculitis
14. Tumor that starts in the brain or spine
15. Skin __; acrochordon
17. Yellow-and-white flowers
21. Recommendation for inflamed muscles
22. Rockefeller's monogram
23. External part of the ear
28. Prefix for glycerides or saccharides
29. Barbarous
31. Cause of persistent kidney stones
35. Debtor's note
36. L-Q connection
37. Ready to have one's baby
38. Personal 9-digit nos.

DOWN

1. Agcy. that supervises the airwaves
2. Response to a tongue depressor
3. __ point injection; procedure for painful muscles
4. Convince
5. Assumed name
6. Close relation
7. Lou Gehrig's disease, familiarly
11. Frequency for Amitiza: abbr.
12. Mauna __ Volcano
13. Leading cause of death worldwide, for short
15. Mini-stroke, familiarly
16. Prefix for puncture or pressure
18. First-year residents
19. Location of a cholesteatoma
20. Start of an Asian nation
24. Magazine edition
25. Scan type
26. VII times VIII
27. Suffix for Caesar or Euclid
30. Gingiva
31. Spanish hero
32. Second person
33. Charged atom
34. __ therapy; micro-current pain relief device

MEDICAL WORD SEARCH



Can you find and circle in the grid above the terms listed below?

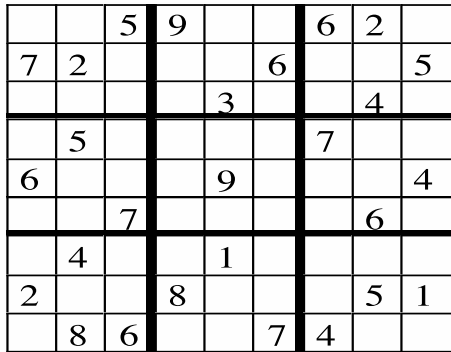
- | | | |
|--------------|---------------|-----------|
| Chlamydia | Urethra | Bronchus |
| Epiglottis | Cipro | Hilus |
| Aorta | Peptic ulcer | Torso |
| Toprol | Acromion | Esophagus |
| TIA | Kidney | Trachea |
| Claudication | Chills | Effexor |
| Fibula | Group B strep | Ulnae |

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.
Each column of 9 numbers must include all digits 1 through 9 in any order.
Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.



AS13-40020



Augusta Mill Manager Chris Mallon presents a \$2,500 check to Danielle Wong Moores, grants and research specialist at MCGHealth, during International Paper Augusta Mill's 50th anniversary celebration on Saturday, Nov. 13.

International Paper awards grant to CMC

By Danielle Wong Moores

The International Paper Foundation recently awarded the Georgia Health Sciences Foundation, on behalf of MCGHealth Children's Medical Center, with a grant of \$2,500 to support the purchase of books for its Reach Out and Read Program.

Since 2000, the Children's Medical Center has been part of the national Reach Out and Read Program, working to "immunize" children against illiteracy. This national program provides a model for healthcare providers to support and encourage parents to instill in their children a love of reading. The program strives to give a new

book to each child (ages 6 months to 5 years old) who has a well-child visit at MCGHealth.

Last year, the Children's Medical Center had 3,857 visits in its pediatric outpatient clinics. The hospital helps promote a literacy-rich environment thanks to volunteer readers in our waiting rooms, who not only help to entertain children but also demonstrate to parents the pleasures of reading aloud.

International Paper Foundation supports U.S. non-profit organizations within the communities where International Paper has operating facilities. The Foundation's primary focus areas are environmental education and literacy programs for young children.

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Office supply swap cuts waste

By Stacey Hudson

Upgrading office equipment or going paperless in a department can leave behind supplies that go unused. And unused supplies mean wasted money.

So when the Employee Advisory Council received a request to implement an office supply exchange, the Precycle Kick-Off was born. The EAC will host the swap meet from 9 a.m. to noon Dec. 15 in the lobbies of Annex I, the Health Sciences Building, the Research & Education Building and the Dental School.

Employees are encouraged to clean out supply closets and bring unused and unneeded office supplies. Equipment still needs to go through normal surplus procedures.

"Precycle is associated with the movement to reduce waste before it happens. Examples include buying in bulk to save money, and avoiding items with excess packaging that would end up as landfill. This is relevant here because it is common to find bulk deals on many of our consumables," said Barbara Barton, who is organizing the event with Kevin Doyle, Maryann Dames McGrahey and the idea's originator, Diana Flicek.

Flicek said the idea arose organically from her daily responsibilities as office manager for the Registrar's Office.

"With budget being on the forefront of everyone's mind, we're constantly looking for ways to save money," Flicek said. She looked around at the toner cartridges that gathered dust as old equipment

was replaced with new, and saw hundreds of dollars going to waste. So she brought the idea to the Employee Advisory Council.

"Everybody's very receptive throughout the enterprise," Flicek said. "I hope the event will be with us for a long time."

The Dec. 15 event will allow employees to pass on or pick up, for free, office supplies unwanted by other departments on campus. It promotes the exchange of items already in existence to extend their usefulness and keep them out of landfills.

And there is a lot of money to be saved with events like this. The world's premiere "precycling" orga-

nization, freecycle.org, reports that it moves more than 24,000 items per day through its nearly 7 million members. As a result, they keep 700 tons of materials out of landfills every day.

Future hopes for campus precycling include a website with an inventory of available items, and a section where departments can post items that are needed.

But Barton urges employees to think before they buy, to help eliminate waste before it begins.

"You may be able to team up with other departments to buy in bulk," she said. "It all comes down to cost savings. We have to save where we can."



The Employee Advisory Council aims to cut waste and costs before they are created.

What office items can you swap?

Electronic equipment, such as printers and copiers, still need to go through normal surplus procedures. Items to be shared include, but are not limited to: paper supplies, toner and ink cartridges, small office organizers and storage, folders and file folders, badge holders, whiteboard and bulletin boards, pens and markers, easels and presentation displays, envelopes and labels, tape, clips and rubber bands.

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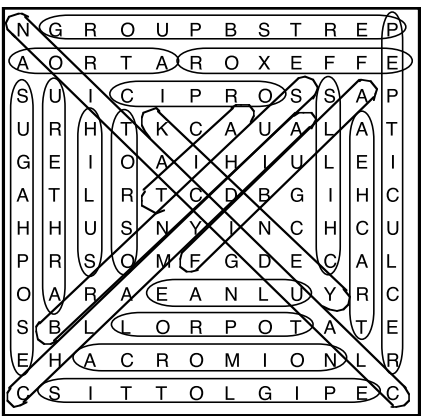
Crossword
Solution

F	A	T	S			A	S	A
C	A	R	E			L	O	L
C	H	I	L	B	L	A	I	N
		G	L	I	O	M	A	
T	A	G		D	A	I	S	I
I	C	E					N	A
A	U	R	I	C	L	E		T
			S	A	V	A	G	E
	C	Y	S	T	I	N	U	R
I	O	U					M	N
D	U	E					S	S

Suduko
Solution

4	3	5	9	7	1	6	2	8
7	2	1	4	8	6	9	3	5
9	6	8	5	3	2	1	4	7
3	5	4	6	2	8	7	1	9
6	1	2	7	9	3	5	8	4
8	9	7	1	4	5	2	6	3
5	4	3	2	1	9	8	7	6
2	7	9	8	6	4	3	5	1
1	8	6	3	5	7	4	9	2

Word Search
Solution



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LADY A GAME...from page 1

spelled out "Thanks," and presented the trio with gift baskets that the children and their families helped to assemble. The kids brought thank you notes from home, photos of their families and some baked homemade treats.

"We were so proud," Bruni said. "And then they didn't want to come off the stage."

Some of the children had a hard time saying goodbye to the gift baskets they had worked on, so Kelley, a Lakeside High School graduate, went down the line letting them choose treats out of his basket.

"They were so great with the kids," Bruni said.

Haywood's father, Dr. Van Haywood, is professor of oral rehabilitation and director of continuing education in the MCG School of Dentistry; and Kelley's father, Dr. John Kelley, a cardiologist, is a graduate of MCG.

The next fundraiser for the MCGHealth Children's Medical Center will be the 2010 Cares for Kids Radiothon, which takes place Dec. 9-11 in the hospital lobby with partners 104.3 WBBQ and 96.3 KISS FM. Call 706-721-3957.



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AS05-43081

DEDICATION...from page 1

Stewart Shevitz, interim chair, MCG Department of Psychiatry and Health Behavior.

The Dedicated Educational Unit is housed in a renovated building, which adds 10 beds to the capacity of East Central Georgia Regional Hospital. This will help accommodate the larger catchment area and increased referral volumes resulting from the closure of mental health inpatient services at Central State Hospital in Milledgeville. The renovation of the unit involved the Consumer Advisory Council, which is comprised of patients, former patients, and family members.

East Central Regional Hospital is one of seven state hospitals which provide services for the developmentally disabled and mentally ill. The hospital is located on two campuses in the Augusta area.



Phil Jones photo

State mental health leaders join MCG leaders in cutting the ribbon on the new Dedicated Educational Unit at East Central Regional Hospital.

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