Telfair Inns makes $100,000 donation

Gwen Corinth

Telfair Inns, through its owner Herbert S. Upton, has donated $100,000 toward the $1.4 million renovation of the Old Medical College building on Telfair Street.

Renovation plans for the Greek Revival building, constructed in 1835 as the original home of MCG, were announced in February.

Mr. Upton announced the donation on behalf of himself and his wife, Fran, through the Telfair Inns. The gift will sponsor the second-floor lecture hall and a restaurant called 326. A two-room addition is also planned.

Mr. Upton is chairman of the Augusta Port Authority, chairman of the board of the Augusta-Richmond County Convention and Visitors Bureau and vice president of Historic Augusta. As a real estate manager and developer with a special interest in historic renovation, Mr. Upton said he wants to support activities to benefit the downtown Augusta area.

Construction work on the Old Medical College will go out for bid by midsummer, and construction is tentatively expected to begin by late summer, said John C. Hagler III, chairman of the MCG Foundation committee coordinating the renovation.

The building will be closed after MCG graduation June 4. When renovation is complete, the Old Medical College will provide meeting space for approximately 700 people and will serve primarily as a center for continuing education, alumni and community activities.

Five areas of the building are now sponsored by donors, but funds are needed for the seminar and conference rooms, rotunda and foyer, Mr. Anderson said. Approximately $400,000 must be raised by December, he said.

Student looking ahead after six years at MCG

Gwen Corinth

Since April 29, Betty Anthony has been breathing easier. Life around the lab on the third floor of the R&E building has slowed somewhat. June 4 is nearing — the culmination of six years' work, the day she receives a Ph.D. with distinction in pharmacology/toxicology.

Graduation will be a day of mixed emotions for Ms. Anthony, 28. It's a day that will launch her into the future — beginning with a postdoctoral fellowship at Smith Kline and French Laboratories in Swedeland, Pa. But it will also be a day to look back.

"I'm happy things have worked out for me, but I'm getting sadder as the (graduation) date gets closer," she said.

Graduation means leaving behind the familiar corridors of the R&E and the people who supported her there. Some of them were there April 29 when she defended her doctoral dissertation (successfully, as it turned out) before a faculty committee.

"Oh, I was so nervous. I don't want to go through that again," she said.

Despite the months of preparation....

They're back

Davanquinn Johnson, held by MCG news bureau coordinator Toni Baker, was among the guests of the hospital's annual Baby Come Back party. The party reunites former neonatal intensive care unit patients with the health care workers who cared for them.

They're back...
The following were presented at the First International Symposium on Thalassemias in China, Shanghai:

- T.A. STOMING PhD, Cell and Molecular Biology, J.C. Diaz-Chico, K.G. Yang, D.G. Efremov and T.H.J. HUISMAN PhD, DSc, Cell and Molecular presented "Newer Developments in the Identification of B-Thalassemia."


- HUISMAN presented "An Overview of the y-Thalassemias and Related Anomalies."

- J.G. GILMAN PhD, Cell and Molecular Biology presented "Expression of Gγ and ßγ Globin Genes in Human Adults."

- K.G. Yang, J.Z. Liu, F. KUTLAR MD, A. KUTLAR MD, Sickle Cell Center, A. Gurpeg and HUISMAN presented "Thalassemia in Association with a γ-Globine Gene Quadrupliciation."

- B. Masala, L. Manca, D. Gallisai, S. Stangoni, K.D. LANCLOS PhD, Cell and Molecular Biology, C. Diaz, K.G. Yang, and HUISMAN presented "Thalassemia in Association of B-Thalassemia Types in Northern Sardinia."

- J.Z. Liu and HUISMAN presented "Construction of Three Plasmids, Each Containing Two or Three Different Human γ-Globin Gene Fragments."


Molecular Biology attended the World Health Organizations workshop on "Approaches and Methods for the Prevention of Thalassemia" in Nice, France.

LANCLOS presented "The Advances in the Methodology of Gene Amplification."

LANCLOS and S.K. Michael also participated in the Second International Conference on Thalassemia and Hemoglobinopathies, Crema, Crete and presented "Gene Amplification as Applied to the Identification of B-Thalassemia."

The effect of the -185 C T Substitution on Yγ Globin Gene Promoter Function by CAT Assay in K922 Cells; Some Preliminary Observations." LANCLOS gave a seminar on "Gene Amplification and Expression" at the Laboratory of Clinical Biochemistry, Hospital Henri Mondor, Creteil, France.

J.D. CATRAVAS PhD, Pharmacology and Toxicology, received $4,997 from NATO Advanced Study Institute for "Vascular Endothelium: Receptors and Transduction Mechanisms." (NATO Conference: Porto Carras, Greece)

G.S. Schuster DDS, PhD, Oral Biology, Restorative Dentistry and Cell and Molecular Biology, received $43,907 from Sickle Cell and Molecular Biology Research Council, Inc. for "Effects of Tobacco Components on Lipids of Oral Epithelium."

J.J. WEBBER, F. KUTLAR, A. KUTLAR MD, Sickle Cell and Hemoglobinopathies, Porto Carras, Greece presented "Newer Developments in the Identification of B-Thalassemia."

M. Orzalesi, H.J. Huang and HUISMAN presented "An Overview of the y-Thalassemias and Related Anomalies."

J.Z. Liu and HUISMAN presented "Construction of Three Plasmids, Each Containing Two or Three Different Human γ-Globin Gene Fragments."


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**Alcoholism deadly if not treated**

Christine Deriso

Death is a way of life for most alcoholics.

Relationships, careers and self-esteem are but some of the casualties of alcoholism. And death itself is a constant threat. Some deaths are slow and torturous, others abrupt and traumatic. But all are preventable, because alcoholism can be beat, according to Dr. Ann Sumners, assistant professor of mental health/psychiatric nursing at the Medical College of Georgia.

"We do know that people can return to normal if they stop using the substance, but we don’t have a cure."

Dr. Sumners said at a Georgia Nurses Association Impaired Nurse Committee seminar May 13 at University Hospital.

The committee works to identify nurses addicted to drugs or alcohol and helps them seek treatment and continue their careers.

"We also know that as long as an alcoholic continues to drink, the disease will get progressively worse," Dr. Sumners said. "And once someone who has quit starts again, the problem is worse than ever."

Alcoholism is progressive, chronic and incurable — a prototype of all other substance abuse. "It’s characterized by a loss of control. The person can’t predict with any reliability what they’ll do once they’ve had a drink. That loss of control means it’s difficult to stop," Dr. Sumners said.

Early symptoms include relief drinking, drunk driving and memory blackouts.

"Blackouts may not seem like such a bad thing until you consider flying cross-country with a pilot who has no memory," she said.

Middle stages, which often take 15 years or so to surface, include work absences, marital problems, impotence, poor job performance, moral or ethical changes and significant tolerance for alcohol with diminished effect.

"This is a crucial stage because it is when most alcoholics can be detected and gotten into treatment," she said. "If it isn’t treated at that point, the chance for help greatly decreases."

The final, or chronic stage, is one most alcoholics don’t live to see.

Those who aren’t killed by the disease itself often die traumatically, in a car accident or house fire, for instance.

The cause of alcoholism remains elusive, but the disease is better understood than ever before.

"We don’t know what causes it, but we do know that people are predisposed," Dr. Sumners said. "We can run an unbelievably high risk if someone in our family is chemically dependent."

The reason may be linked to a biochemical culprit called tetrahydroisoquinoline (THIQ). THIQ is a highly addictive brain chemical. A non-alcoholic breaks alcohol down into acetaldehyde, which breaks down to acetic acid. In alcoholics, however, not all of the acetaldehyde breaks down. It instead forms THIQ, to which alcoholics become addicted. THIQ stays in the brain, so alcohol becomes progressively more dangerous.

This predisposition to addiction also manifests itself in other ways; 60 percent of alcoholics (50 percent of female alcoholics) are also addicted to other substances, often prescribed drugs.

A cure isn’t imminent, but addicts can be successfully treated. A vital step toward recovery is society’s understanding of alcoholism, Dr. Sumners said.

"Alcoholism is a disease; it’s not the alcoholic’s fault," she said. "We can replace their guilt with responsibility for their behavior. They can learn to live like normal, healthy grownups again."

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**Answers unfolding about premenstrual syndrome**

Christine Deriso

Trivia question: Name a medical syndrome characterized by 150 symptoms, any combination of which can manifest from one woman to the next.

Health professionals have sidestepped the dilemma by focusing on one consistent time during a woman’s menstrual cycle that symptoms occur.

"To qualify as PMS, the patient has to have recurrent symptoms within the two weeks preceding menstruation," Dr. Smith said. "And they have to spontaneously and completely improve with the onset of menstruation or very shortly thereafter. The label has taken us away from symptom based to time based. We now finally have a benchmark that everyone can work from."

The definition has allowed the medical community to control cycled studies which may put an end to the discomfort affecting as many as 85 percent of women.

Doctors have grappled with PMS for some 150 years, but efforts have had limited success at best. PMS is undoubtedly related to the hormonal process, but the exact cause remains elusive.

Theories, however, have abounded. Vitamin imbalances, hypoglycemia, fluid retention and hormone imbalances have been hypothesized to be the culprit. But all have been either discounted or insufficiently studied. As a result, treatment has largely centered around individual symptons.

"Treating the symptoms is like putting a bandaid on the problem," Dr. Smith said. "The challenge is to prevent the cause."

A recent theory may allow doctors to do just that. Increased levels of the hormone estrogen increase the levels of endorphins, or opiates, in the brain.

Researchers theorize that controlling the endorphin level will eliminate PMS symptoms. "The rise in endorphins can cause bloating, appetite changes, etc., and an abrupt withdrawal can lead to irritability and jumppiness. Endorphins appear to be in the right place at the right time to be good candidates," Dr. Smith said.

Proof of the theory is probably a couple of years down the road, but Dr. Smith is optimistic about the likelihood. "The logic makes sense."

Of course, just because it looks good on paper doesn’t mean it’s the answer. But it’s the odds-on favorite at the moment.

Drugs are being tested which can interfere with narcotic withdrawal symptoms. If endorphins do hold the key, then these drugs can modulate mood swings with few anticipated side effects. "The biochemistry approach may take care of all 150 symptons," Dr. Smith said.

In the meantime, patients are advised to decrease salt and caffeine intake and exercise regularly. If lifestyle changes are ineffective, hormonal therapy or the treatment of individual symptoms may help.

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**Medical College of Georgia, Wednesday, June 8, 1988 — Page 11**
Beeper deadline

The deadline for the June 20 “Beeper” is June 13 at 5 p.m. Please inform personnel of any address changes to ensure delivery of “Beeper” to your home.

Punched card deadline

The Office of Research Computing and Statistics will replace the VAX 11/750 with a MicroVAX3600 during June. The office won’t be able to read punched cards during the conversion. Cards to be read into a computer file must be brought to the office (CI-111) before June 30.

Book budgets

Departments wishing to use funds from their 1987-88 budgets for books must submit IDRs to the MCG Bookstore by June 15.

Regulations enforced

The Public Safety Division will strictly enforce parking regulations on Harper Street. Tickets will be issued for any violations.

DuRant elected

Dr. Robert H. DuRant, Department of Pediatrics, School of Medicine, has been elected to the executive council of the Society for Adolescent Medicine. He also was named a fellow of the society based on his adolescent health care research. Dr. DuRant is only the second non-physician to receive the honor.

New drug test

The MCG Department of Dermatology is seeking volunteers who have suffered from jock itch and/or ringworm in good health age 18 to 65 to participate in a test on a new drug to treat jock itch and ringworm. Participants will be paid $50 for two weeks of treatment. Call Sue Duncan, ext. 3591, for more information.

Telephone directories

Southern Bell directories are available in the MCG Warehouse. Directories were ordered for each telephone on campus. Please do not take directories home. Those who need extra directories at home may call the Southern Bell business office.

Volunteers needed

Volunteers are needed to help host families for international students at MCG. More than 150 undergraduate and graduate students will arrive after July 1.

Host families: write an introductory letter before the student leaves his country; meets the student at the airport; gives him a tour of MCG and Augusta; and treats him to a family meal periodically.

For more information or to volunteer, call Jean Dirksen, 738-2220, or Barbara Holzman, 886-5413.

Medication studies

Volunteers age 21 to 70 with high blood cholesterol are wanted for studies of new medications and diets that lower cholesterol. Studies vary from 8 months to 2 years and are free. Call ext. 4851. Diabetics are ineligible.

Asthma drug study

Volunteers with asthma who take Theophylline regularly are needed for a drug study. Participants will be paid. Contact Lisa Wood, ext. 3531.

Conference slated

Dr. Ralph McKinney, professor and chairman of the Medical College of Georgia Department of Oral Pathology, will participate in the Consensus Development Conference on Dental Implants June 13-15 at the National Institutes of Health in Bethesda, Md.

The meeting is part of the consensus development program that brings together biomedical investigators, practicing physicians, consumers and others to evaluate and review the scientific soundness of a health-related technology. The program also provides physicians, dentists and consumers with information about the safety and effectiveness of drugs, devices and procedures.
Chapter 1: Introduction to Health Care Delivery

In this chapter, we introduce the concept of health care delivery and its various components. Health care delivery is the process by which healthcare services are provided to patients. This process encompasses the planning, organizing, implementing, and evaluating of care delivery systems. The goal of health care delivery is to ensure that patients receive high-quality, cost-effective care in an efficient manner.

Chapter 2: The Health Care System

This chapter provides an overview of the health care system in the United States. The health care system is a complex network of individuals, organizations, and institutions that work together to provide care. The system includes providers, payers, and patients. The chapter also discusses the challenges facing the health care system, such as rising costs, access to care, and quality of care.

Chapter 3: Health Care Delivery Models

In this chapter, we explore different models of health care delivery. These models vary in terms of their organization, financing, and delivery of care. Some examples include the fee-for-service model, the capitation model, and the integrated delivery model. The chapter discusses the advantages and disadvantages of each model, as well as the factors that influence its adoption.

Chapter 4: Health Care Delivery and Policy

This chapter discusses the role of policy in shaping health care delivery. Policies are developed and implemented by governments, insurance companies, and other organizations to achieve specific objectives. The chapter covers topics such as reimbursement, insurance coverage, and access to care.

Chapter 5: Health Care Delivery and Ethics

In this chapter, we examine the ethical considerations involved in health care delivery. These include issues such as patient autonomy, beneficence, nonmaleficence, and justice. The chapter also discusses the role of ethics in guiding decision-making in health care delivery.

Chapter 6: Health Care Delivery and Technology

This chapter explores the use of technology in health care delivery. Technology has the potential to improve the quality and efficiency of care delivery. However, it also raises concerns about privacy, security, and access. The chapter discusses the role of technology in various aspects of care delivery, including patient care, administrative processes, and research.

Chapter 7: Health Care Delivery and Economics

In this chapter, we examine the economic aspects of health care delivery. The chapter covers topics such as cost containment, cost-sharing, and value in health care delivery. It also discusses the role of government and private payers in financing care delivery.

Chapter 8: Health Care Delivery and Social Determinants

This chapter explores the impact of social determinants on health care delivery. Social determinants include factors such as income, education, and race. These factors can affect a patient's access to care, quality of care, and overall health outcomes. The chapter discusses the role of health care providers and systems in addressing social determinants.

Chapter 9: Health Care Delivery and Public Health

In this chapter, we examine the role of public health in health care delivery. Public health encompasses the prevention and control of diseases, promotion of health, and protection of the environment. The chapter discusses the role of public health in shaping health care delivery and promoting health equity.

Chapter 10: Health Care Delivery and Global Health

This chapter explores the challenges of delivering health care in a global context. The chapter covers topics such as health disparity, disease emergence, and the role of emerging economies in health care delivery. It also discusses the role of international organizations in addressing global health challenges.

Chapter 11: Health Care Delivery and the Future

In this chapter, we look to the future of health care delivery. The chapter covers topics such as the role of technology, the impact of aging populations, and the challenges of providing care in a rapidly changing world. The chapter also discusses the role of health care providers and systems in shaping the future of health care delivery.
ty, after the ambulatory care center, will be the children’s medical center. Following that, it will be the expansion of research facilities on our campus.

As we look to the future, we must not forget the past. The Medical College of Georgia was created to educate physicians and other health care providers to meet the needs of the state of Georgia. We have excelled in our educational mission. Our graduates are well-prepared to meet the challenges and needs of our society. However, as with any health sciences university, there are multiple functions and shifting responsibilities as the priorities of society change. We must continue to reevaluate our educational process to enhance our students’ ability to be lifelong learners. This will necessitate a critical reassessment of our curriculum which is currently being done as well as enhancing our students’ use of information technologies which will expand their access to information and enhance their ability to be self-learners. I firmly believe that enhancement and expansion of our research activities and accomplishments are our link to the future.

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The Medical College of Georgia, Wednesday, June 8, 1988  
Page 3

Patient rep program being implemented

The Medical College of Georgia Hospital and Clinics has implemented a patient representative program to provide personal, non-medical attention to patients. Four representatives will be liaisons between patients and hospital departments. They will evaluate patient satisfaction and help resolve patient care problems. The representatives have been trained in hospital policies and procedures, legal and ethical issues and protocol for working with hospital staffs and departments. The hospital patient relations department was established in 1985 with an account representative program to help patients with financial concerns related to the hospital.

"Through several years of observation by hospital administration and reports from the patient relations department, it was determined that special consideration was needed to focus on non-financial concerns in an effort to increase the patient's level of satisfaction," said Thomas Kelly, associate hospital director/finance. "It is a stressful situation to be hospitalized. To have someone available to assist in comforting the patient and reassuring that their needs are of the utmost importance is an integral part of this program."

Patient relations director keturah M. Sanders will supervise the patient representative and account representative program.
Mock exam pulls out all stops

Toni Baker

It was coming face to face with what you do and don't know. It was intimidating. It was a little depressing.

"Better to be a little bit depressed now than to be depressed in Chicago," said Dr. Roger Ray, chief resident in neurology at the Medical College of Georgia.

Chicago is the site for the yearly oral examination section of the American Board of Psychiatry and Neurology. Chicago also is where nearly half the board participants fail that grueling examination.

May 26, MCG held its own version of the four-hour quiz in which doctors wanting to be board-certified neurologists got first-hand experience with a mock exam.

"It's just hard to be a board-certified neurologist," said Dr. Thomas Swift, chairman of the MCG Department of Neurology.

After residents finish neurology training — a year of medicine training and three years of neurology — they must get nearly a year's practice under their belts before taking the written portion of a two-part examination for board certification.

Nearly half fail, Dr. Swift said. Those who pass must take the oral portion of the exam six to nine months later. Another 50 percent fail then.

"It's one of the older boards ever formed and it has always had very high standards," Dr. Swift said. "You don't want your trainees to fail the exam simply because they are nervous or are not used to the format or for some other reason."

This year, MCG's Department of Neurology began a new tradition of offering a mock board for the oral examination. "We probably should have started a long time ago," Dr. Swift said. Mock boards have been given sporadically at MCG for residents whose anxiety could mean failing the exam.

"It's one thing for them to fail because they are not good enough. But if they are good enough and still fail, which happens with the board exam, this is unfortunate," Dr. Swift said.

Written tests taken at the end of each year should prepare residents for the written portion of the board certification examination, Dr. Swift said.

But the oral exam is unlike nearly anything medical students and residents run across.

"Everybody was so nervous that one of the attendings asked if there was a crash cart available," said Dr. Shiraz Hyder, a third-year neurology resident. "You can imagine what our faces looked like at that time."

During the exam, doctors interview and examine patients and their families and are questioned about what they learned. Examiners are free to ask literally anything about neurology during a series of hypothetical situations. A final session deals with wide-open questioning about pediatric neurology.

Questions are drawn from MCG neurology faculty and several Augusta-area practitioners with clinical appointments at MCG.

"It was the most stressful thing I have ever done, barring none, because your whole future depends on passing it," Dr. Swift said.

Dr. Swift, who passed both portions of the test the first time out, said he spent two years studying for it. Although he did well, it was such a memorable experience that he wrote a lengthy list of change recommendations to the board, many of which have been implemented.

Doctors who never become board-certified still can practice neurology and may do so successfully, he said.

"But people always wonder about you. You know, 'Why isn't this guy board certified?'"

In fact, educated consumers are beginning to ask if their doctor is board-certified, he said.

"One of the marks of a good residency program is the percentage of your graduates who pass the boards," Dr. Swift said. "We have a vested interest in being sure that our graduates pass the boards.

"If you checked on the people who have graduated from our program, you will find virtually all have passed the boards. Some did not pass on the first try. This is really to get the first try out of the way," Dr. Swift said.

"I am glad now and I think I will be glad when I eventually take the oral that the first time I had this experience was not Chicago," Dr. Ray said.

Other than morning report and an occasional course with an oral exam, residents don't have experiences like the mock exam.

"Throughout your residency, you need things to show how little you know and how to go about acquiring it," Dr. Ray said. "(The mock exam) sure does that. You don't get asked a lot of things you feel you shouldn't know.

"I feel I have a lot of room to improve," Dr. Hyder said. "I think I could have done better, but I was nervous. One of the examiners was very intimidating." Dr. Hyder understands that the real boards will be no different.

"I know where I stand; that is important," he said. "I was glad this wasn't my last year. Now I can say I have one more year to study."

MCG neuromuscular fellow William Henning examines Timothy Brown as part of mock exam

Dr. Michael Rivner (from left), William Brannon, John Feeny make written assessments of participants in mock boards

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Dr. Schuman presented award

Toni Baker

Dr. Bernard M. Schuman, gastroenterologist and professor of medicine at the Medical College of Georgia, was awarded the Rudolf Schindler Award, the highest honor of the American Society for Gastrointestinal Endoscopy. The award is given each year to a society member whose accomplishments in endoscopic research, teaching, and service exemplify the standards and traditions established by Dr. Schindler.

Dr. Schindler was the first president of the society. He designed the first working gastroscope to examine the stomach.

Dr. Schuman was nominated by the society's awards committee and his nomination was approved by the governing board of the Society for Gastrointestinal Endoscopy. He received the award at the May meeting of the 4,000-member society.

Members of the society are primarily gastroenterologists and gastrointestinal surgeons. Its members specialize in problems of the gastrointestinal tract, esophagus, stomach, small intestines, rectum, and colon.

Dr. Schuman is a board certified gastroenterologist who came to MCG in 1983 from the Henry Ford Hospital in Detroit where he was division head of gastroenterology.

He came to MCG as professor of medicine and director of gastrointestinal endoscopy. He is a consultant and attending physician at the Veterans Administration Medical Center in Augusta and serves as a consultant for Dwight David Eisenhower Army Medical Center at Fort Gordon.

He is editor of "Gastrointestinal Endoscopy," the journal of the American Society for Gastrointestinal Endoscopy. Dr. Schuman has held many other positions within the society including president in 1977.

He is a member of the World Organization for Digestive Endoscopy and vice president of the American Zone of that group.

Medical school lauds achievers

Twelve faculty members and two departments were honored May 31 at the Medical College of Georgia School of Medicine Faculty Assembly.

Also, two retiring faculty members were honored and 1988-89 officers for the School of Medicine Faculty Senate took office.

The Outstanding Faculty Award for the School of Medicine went to Dr. Francis J. Tedesco, interim dean of the MCG School of Medicine. Dr. Tedesco also is vice president for clinical activities at MCG and chief of the Section of Gastroenterology. He becomes sixth president of MCG July 1.

Recipients of the Educator of the Year Awards, selected by the medical students, are:

Dr. Ruth-Marie Fischer, assistant professor of medicine in the Department of Medicine, Section of Internal Medicine, selected by the class of 1988.

Dr. John F. Fisher, associate professor of medicine, Department of Medicine, Section of Infectious Diseases, honored by the class of 1988.

Dr. Dale W. Sickles, associate professor, Department of Anatomy, honored by the class of 1991.

Students gave several additional awards to faculty.

The class of 1990 honored Dr. Mary Ella Logan, associate professor in the Department of Physiology and Biochemistry, and associate dean for admissions for her contributions to teaching.

The class also honored Dr. E. Maniell Pattison, chairman of the Department of Psychiatry and Health Behavior at MCG. Dr. Pattison was seriously injured in an automobile accident in October. He remains on extended leave.

The class of 1991 honored three teachers: Dr. Wendell Hoffman, associate professor in the Department of Physiology and Endocrinology; Dr. Thomas Weidman, associate professor in the Department of Anatomy; and Dr. Thomas Gale, associate professor in the Department of Anatomy.

The Department of Medicine received the Clinical Science Department Teaching Award from the class of 1988.

The Department of Pharmacology and Toxicology received the Basic Science Department Teaching Award from the Class of 1990.

Distinguished faculty awards selected in teaching, research, institutional service and patient care went to six faculty members.

Recipients, nominated by MCG Society of Medicine faculty and selected by the Faculty Recognition Committee of the Faculty Senate, are:

Dr. Merle W. Riley, associate professor of pharmacology, Department of Pharmacology and Toxicology, honored for teaching basic science.

Dr. Joseph Hobbins, associate professor in the Department of Family Medicine, honored for teaching clinical science.

Dr. Jerry J. Buccafusco, associate professor of pharmacology and toxicology, Department of Pharmacology and Toxicology, honored for basic science research.

Dr. Barbara K. Chang, associate professor of medicine, Department of Medicine, Section of Hematology-Oncology, honored for clinical science research.

Dr. Lois T. Ellison, professor of medicine in the Department of Medicine and associate vice president for planning (hospital and clinic), honored for service to the institution.

Dr. Don W. King, professor of neurology, Department of Neurology, honored for patient care.

Two Outstanding Young Faculty Award recipients were selected from nominees made to the Faculty Recognition Committee of the Faculty Senate.

Dr. Kenford J. Meador, assistant professor and director of behavioral neuroscience, Department of Neurology, was selected in the area of clinical science.

Dr. Adarsh K. Gulati, assistant professor of anatomy, Department of Anatomy, was honored for his efforts in basic science.

Retiring faculty members Dr. Elizabeth H. Cook, associate professor, and Dr. Robert B. Greenblatt, M.D., professor of medicine, Department of Physiology and Endocrinology, were honored at the faculty assembly.

Also, new officers were installed for the Faculty Senate, which comprises representatives of each clinical and basic science department in the School of Medicine. The senate advises the dean of the School of Medicine.

New officers for 1988-89 are: Dr. J. Malcolm King, president; Dr. Margaret F. Guill, president-elect; Dr. John F. Fisher, vice-president; and Dr. Jack L. Lescher Jr., secretary.

Four graduate faculty members recognized at May 24 assembly

Four graduate faculty members were honored May 24 during the Graduate Faculty Assembly held at the Robert B. Greemblatt, M.D., Memorial Library.

Dr. Thomas H. Rosenquist was recognized as this year's Outstanding Faculty Award recipient from the School of Graduate Studies. Dr. Rosenquist is professor of anatomy and joined the MCG faculty in 1973. He earned a Ph.D. in anatomy from Louisiana State University Medical Center. Dr. Rosenquist was one of five to receive outstanding faculty awards May 12 at a campus-wide faculty assembly.

Dr. Chester E. Hendrich received the graduate school's Distinguished Service Award. Dr. Hendrich, professor of physiology and endocrinology, is a graduate of the University of Missouri at Columbia and conducted post-doctoral studies at Emory University School of Medicine in Atlanta and Dartmouth Medical School. He came to MCG in 1976. He has served on various national committees.

Dr. Virendra B. Mahesh received the Distinguished Teaching Award. Dr. Mahesh is Regents Professor and chairman of the Department of Cell and Molecular Biology, professor of medicine and director of the Comprehensive Sickle Cell Center. He received a Ph.D. in chemistry from the University of Groningen, the Netherlands, and a doctor of science in biochemistry from the University of Utrecht, the Netherlands. He came to MCG in 1983.

Dr. Bernard Schuman

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Students gave several additional awards to faculty.

The class of 1990 honored Dr. Mary Ella Logan, associate professor in the Department of Physiology and Biochemistry, and associate dean for admissions for her contributions to teaching.

The class also honored Dr. E. Maniell Pattison, chairman of the Department of Psychiatry and Health Behavior at MCG. Dr. Pattison was seriously injured in an automobile accident in October. He remains on extended leave.

The class of 1991 honored three teachers: Dr. Wendell Hoffman, associate professor in the Department of Physiology and Endocrinology; Dr. Thomas Weidman, associate professor in the Department of Anatomy; and Dr. Thomas Gale, associate professor in the Department of Anatomy.

The Department of Medicine received the Clinical Science Department Teaching Award from the class of 1988.

The Department of Pharmacology and Toxicology received the Basic Science Department Teaching Award from the Class of 1990.

Distinguished faculty awards selected in teaching, research, institutional service and patient care went to six faculty members.

Recipients, nominated by MCG Society of Medicine faculty and selected by the Faculty Recognition Committee of the Faculty Senate, are:

Dr. Merle W. Riley, associate professor of pharmacology, Department of Pharmacology and Toxicology, honored for teaching basic science.

Dr. Joseph Hobbins, associate professor in the Department of Family Medicine, honored for teaching clinical science.

Dr. Jerry J. Buccafusco, associate professor of pharmacology and toxicology, Department of Pharmacology and Toxicology, honored for basic science research.

Dr. Barbara K. Chang, associate professor of medicine, Department of Medicine, Section of Hematology-Oncology, honored for clinical science research.

Dr. Lois T. Ellison, professor of medicine in the Department of Medicine and associate vice president for planning (hospital and clinic), honored for service to the institution.

Dr. Don W. King, professor of neurology, Department of Neurology, honored for patient care.

Two Outstanding Young Faculty Award recipients were selected from nominees made to the Faculty Recognition Committee of the Faculty Senate.

Dr. Kenford J. Meador, assistant professor and director of behavioral neuroscience, Department of Neurology, was selected in the area of clinical science.

Dr. Adarsh K. Gulati, assistant professor of anatomy, Department of Anatomy, was honored for his efforts in basic science.

Retiring faculty members Dr. Elizabeth H. Cook, associate professor, and Dr. Robert B. Greenblatt, M.D., professor of medicine, Department of Physiology and Endocrinology, were honored at the faculty assembly.

Also, new officers were installed for the Faculty Senate, which comprises representatives of each clinical and basic science department in the School of Medicine. The senate advises the dean of the School of Medicine.

New officers for 1988-89 are: Dr. J. Malcolm King, president; Dr. Margaret F. Guill, president-elect; Dr. John F. Fisher, vice-president; and Dr. Jack L. Lescher Jr., secretary.

Four graduate faculty members were honored May 24 during the Graduate Faculty Assembly held at the Robert B. Greemblatt, M.D., Memorial Library.

Dr. Thomas H. Rosenquist was recognized as this year's Outstanding Faculty Award recipient from the School of Graduate Studies. Dr. Rosenquist is professor of anatomy and joined the MCG faculty in 1973. He earned a Ph.D. in anatomy from Louisiana State University Medical Center. Dr. Rosenquist was one of five to receive outstanding faculty awards May 12 at a campus-wide faculty assembly.

Dr. Chester E. Hendrich received the graduate school's Distinguished Service Award. Dr. Hendrich, professor of physiology and endocrinology, is a graduate of the University of Missouri at Columbia and conducted post-doctoral studies at Emory University School of Medicine in Atlanta and Dartmouth Medical School. He came to MCG in 1976. He has served on various national committees.

Dr. Virendra B. Mahesh received the Distinguished Teaching Award. Dr. Mahesh is Regents Professor and chairman of the Department of Cell and Molecular Biology, professor of medicine and director of the Comprehensive Sickle Cell Center. He received a Ph.D. in chemistry from the University of Groningen, the Netherlands, and a doctor of science in biochemistry from the University of Utrecht, the Netherlands. He came to MCG in 1983.
Ten employees of the Medical College of Georgia walked away with $500 early this month as winners of the Employee Excellence Awards.

The winners were selected by a committee chaired by Richard R. Binas, associate hospital director. Winners were chosen from nominations submitted from across campus.

This year's awards were presented May 12 as part of the annual Employee Recognition Day. The service was held in the large auditorium and was hosted by William G. Hayes, director of personnel at MCG.

The winners were selected because of superior job performance and significant improvements in work methods, standards or operations beyond the expectations of the position.

The winners are:

- William E. Jones, financial manager in physical plant. He has been at MCG since 1973 and is responsible for such undertakings as computerizing the physical plant.
- Carla Wooten, medical record director for the Georgia War Veterans Nursing Home. She joined MCG 12 years ago as a medical transcriptionist.
- Bruce C. Johnson, dialysis specialist. He started his career at MCG as a clinical dialysis technician. Lucille Madison, senior clerk in the neonatal intensive care unit. She came to MCG in 1962 as a nursing assistant trainee.
- Ernestine Baker of the MCG Child Care Center. She has worked at the center since it opened two years ago and was nominated the children's parents.
- Emily McGabee of adult psychiatry. She joined MCG in 1971 and has worked in the department since that time. She will retire this year.
- Dana Blackwelder, administrative coordinator for medical records administration. She joined MCG in 1978 as a clerk-typist and was promoted to administrative secretary, senior administrative secretary and, in 1986, to her current position.
- Geneva Sammons, environmental services supervisor in the School of Dentistry. She joined MCG in 1972 as a staff maid.
- William (Billy) Hamilton, kidney perfusionist and operating room assistant. He came to MCG in 1979 as a computer programmer.

Dr. Robert Ellison cuts cake at May 13 25-Year-Club reception honoring employees and retirees with 25 or more years of service

Two nursing appointments made

Two appointments have been made as part of a realignment of responsibilities in the Medical College of Georgia Hospital and Clinics Department of Nursing.

Cecelia Golightly, R.N., has been named director of nursing and Anita Black, R.N., has been named assistant director of nursing for the surgical division.

Mrs. Golightly was formerly executive director of elderly services in Abbott Northwestern Hospital in Minneapolis, Minn. She graduated from Presbyterian Hospital School of Nursing in Charlotte, N.C., and received a master's degree in public health from the University of Minnesota. As a director of nursing, she will be responsible for daily operations of inpatient units.

Ms. Black formerly served MCG Hospital and Clinics as evening nursing house supervisor. She is a graduate of the MCG School of Nursing and has served MCG Hospital for nine years. As assistant director for the surgical division, Ms. Black will be responsible for planning, budgeting and staffing for eight patient-care units.

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Christine Deriso

Edward Chiles had never won anything in his life, but he figured there was always a first time.

Mr. Chiles, an administrative clerk in the Medical College of Georgia Hospital's department of patient relations, got a WBBQ flyer in his mail in early April. The radio station calls out a number on Thursday mornings, and if it matches the number on the flyer, the recipient wins $5,000. Mr. Chiles, reasoning that stranger things have happened, hung on to his flyer.

He tuned in every Thursday morning, but the winning number was never even close to his. One recent Thursday, he was so disheartened that he almost gave up.

“They tricked me,” he laughed. “They called out the first three numbers, and they matched mine. But the last three were wrong, so I vowed not to listen anymore.”

Mr. Chiles has since reflected on the wisdom of never saying never.

The next Thursday morning, May 19, he stepped out of the shower, began getting dressed for work, and thought better of his pledge. On went the radio. As disk jockey Mark Summers called out a number, Mr. Chiles was standing by with his flyer in hand. The numbers matched.

Unaccustomed as he was to windfalls, Mr. Chiles couldn’t quite believe his good fortune.

“I called the radio station, and Mark Summers said, ‘You’re very calm,’” he said. “I was skeptical. I thought some technicality would keep me from getting $5,000. When they showed me the check, then I got excited.”

Mr. Chiles promptly exchanged the check for a new car—a 1988 Jetta he'd been saving for since joining MCG a year ago. His mother drives his old car.

His car radio is tuned to none other than WBBQ, and he advises others to have faith in that elusive quest for something for nothing. “Just keep listening,” he said.

Edward Chiles sits on new car

Society inducts five MCG students

Karin Calloway

Five members of the MCG School of Dentistry class of 1988 were inducted into Omicron Kappa Upsilon, the national dental honor society, at the annual convocation ceremony May 25 in Augusta. The honorees were ranked academically in the highest 10 percent of their class.

They are: Gail Thomas of Elberton, D. Douglas Depew of Marietta, Mac Vorley of Rensselaer, James David of Smyrna and Gary Jones of Danielsville.

Also elected were Atlanta periodontist Dr. Emile Fisher, honorary member, and Dr. David W. Shelton, School of Dentistry faculty member. Dr. Fisher was honored by the school in March for his contributions to the scholarships and teaching programs at MCG.

Dr. Shelton is professor of oral and maxillofacial surgery. He is a diplomate of the American Board of Oral and Maxillofacial Surgery and a fellow of the International College of Dentists. He is a widely recognized authority on maxillofacial war wounds. Before joining MCG, Dr. Shelton worked 20 years in the Army Dental Corps. His decorations include the Legion of Merit, the Bronze Star Medal, the Meritorious Service Medal and Army Commendation Medal with Oak Leaf Cluster.

OKU Kappa Lambda Chapter President Dr. Albert Ciarlone presided over the ceremony. Guest speaker was Dr. Thomas A. Garman, professor emeritus of MCG's Department of Restorative Dentistry. In 1987, Dr. Garman received the Outstanding Faculty Award for the School of Dentistry.

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1987 FIERO, burgundy, 5 speed, air AM/FM cassette, 6 year warranty, 12,000 miles, $7,100. 796-6553.

Homes for Sale

LOG HOME, one year old, large wooded lot in the country, but only 10 miles from Washington Road, near Clark Hill. 3 bedrooms, 2 baths, ponds, wildlife, restricted subdivision, reduced cost $860-1575.

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Condos for Rent

WEST AUGUSTA CONDO, large bedroom, includes washer, dryer, all appliances, pool, tennis courts, quiet area, $325 month. 738-2169.

Homes for Rent

TWO MILES FROM MCG campus, in Kingswood subdivision, 3 bedrooms, 1 bath, central heat and air, laundry hookups, fireplace, carport, refrigerator, $475 month includes water bill. Sandy, 721-4861.

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Grant proposals accepted

Medical College of Georgia faculty interested in any of six special areas may submit proposals for a share of $500,000 allocated to MCG by the Board of Regents in April.

Research and education proposals are being solicited in the areas of AIDS, aging, cardiovascular disease, childhood disease, cancer and trauma/pain, according to an announcement from Dr. Judson Rickey. The areas are priorities based on the MCG Master Plan for Progress, a long-range plan developed by the president's office two years ago.

Request for Proposal and Application forms may be obtained from the Office of the Vice President for Research (CB 1D-34). Submission deadline is July 8. Funds may not be used to supplement previously budgeted proposals or programs, but program project proposals involving collaborations among campus faculty or collaborations with faculty at other university system units are encouraged, according to the guidelines.

Proposals will be reviewed by presidentially appointed study sections consisting of representatives from all schools. Directors of the MCG Research Institute and Office of Research Computing and Statistics will be ex officio members of the study sections. Reviewers from outside the institution also may be asked to submit opinions.

Funds will be awarded by August 15. A year's funding is guaranteed, but additional years of support may be requested. That support depends upon continued justifications of appropriations, said Dr. Lowell Greenbaum, vice president for research.

University system chancellor H. Dean Propst last year requested from the state legislature $150 million in appropriations over five years. That figure was whittled to $50 million, with the first year's appropriation being $10 million. MCG's share of $50,000 is part of that sum.

"We are delighted with our chancellor's accomplishment," Dr. Greenbaum said.

Student is looking ahead

and the anxiety, Ms. Anthony believes defending research is the best way to prove its worth.

"That's really what I think they've been training us for all these years: to defend yourself," she said. "If I couldn't defend it, there's no point in doing my research."

Ms. Anthony studies volatile (gaseous) anesthetics, those commonly used in hospitals, and how they interfere with nerve cell communication to produce unconsciousness. What she learns could contribute to development of new anesthetics with less toxic side effects. At Smith Kline, Ms. Anthony will continue her study of anesthetics and other areas of pharmacology.

Working at Smith Kline will give her a taste of the pharmaceutical industry and help her decide whether to choose academia or industry as a career, she said. She hasn't made plans beyond the next two years, the duration of her fellowship.

"I don't like to make long-term plans because you never know what could happen," she said.

That may describe how Ms. Anthony discovered her interest in scientific research. During undergraduate days at Savannah State College, she had planned to study theater or mass communication.

Then her curiosity was piqued by an introductory biology course. She wound up graduating in 1982 with a bachelor's degree in biology and a minor in chemistry.

"(Biology) was dealing with the human body, and the human body is so fascinating because there's a lot we don't really know," she said.

After an eight-week summer enrichment program at the Medical College of Georgia, it was only another step to pharmacology, the study of drugs and their interactions in the body.

"I was always interested in the effects of drugs on the body, but I think what drove me to pharmacology is it's a diverse field," she said.

She considered medical school but rejected the idea at least partly because "I like working with people, but I like working with people in good health!"

Also, "research gives you a lot of freedom," she said. "You have to come up with ideas. You have to come up with solutions, whereas in medicine ... basically the foundation is laid."

Although it hasn't been an easy six years, Ms. Anthony has found her time at MCG rewarding. She is the first black woman to receive a Ph.D. here, and she is at once proud of the achievement and grateful for the support she has found at MCG.

"That's why I had a long acknowledgement in my dissertation," she said. "I almost thanked everyone in the school!"

"Betsy is a very determined person. That's the most amazing thing about her," said Dr. Robert Arostam, her major adviser. "She has a very good sense of herself and I think that's what's seen her through graduate school."

During her MCG career, Ms. Anthony has distinguished herself as a Minority Access to Research Careers Predoctoral Fellow, an award given by the National Institutes of Health; and has received awards from the Graduate Student Association, Sigma Xi, the Southeastern Pharmacology Society and the Society for Neuroscience. She also received a scholarship from the MCG Faculty Wives Club and in 1987 was Outstanding Graduate Student in the Biomedical Sciences for the Georgia Academy of Science.

Ms. Anthony has also worked with school administrators on minority student recruitment — with positive results. Dr. Arostam has interviewed many medical school candidates who have met and remembered her.

"She clearly had a big effect on them," he said.

Graduate Studies Dean Lowell Greenbaum agreed.

"Her story, when related to other minority students perhaps reluctant to come to graduate school, has been a very important beacon to them," he said. "We all need role models, and she is a wonderful role model."

"I just happen to be a woman. I just happen to be black," Ms. Anthony said. "I do my best, but I'm not out to prove myself," she said. "You can wear yourself out doing that."

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